

echoes '99







To the class of '99,

Your yearbook is more than just a collection of photographs, grad comments and pages of text. It contains memories which you will refer to over and over again in the years to come. You will look back and remember your years at The Sacred Heart School of Montreal. Hopefully these years were filled with good memories, memories which will last a lifetime.

Five years have come and gone very quickly. I have overheard many of you comment to each other about your first days at Sacred Heart and that it is hard to believe that the time went by so fast. You are now moving on to the next phase in your educational lives, one where you begin planning your own future. I am confident that the time spent at Sacred Heart has prepared you very well for the challenges which will face you in the years to come. Good luck and remember to keep in touch.

P. Kousik



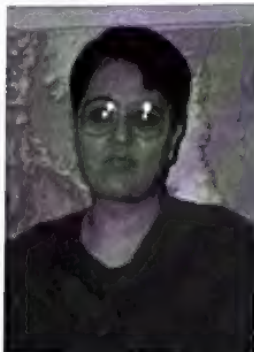
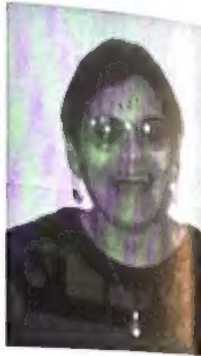
To the class of '99

There are so many things I'd like to say, but my space is limited so I must be selective. I used to believe that happiness could only be found after arriving at my heart's destination. Now that I have spent many years on the road from Here to There, I have come to an awakening. It is good to have an end to journey towards; but the spirit of the journey is as important, if not more important, than the arrival at our destination. Carpe Diem! Live every day of the journey. Read, travel, learn, experience all that is out there. Your next chapter begins at a very exciting time for women. Take every opportunity and "Live Life". Choose to be an active participant- not a bystander.

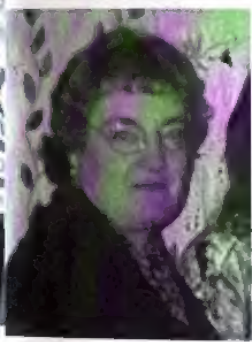
Fondly,
R. Del Torto



Faculty



and Staff



Missing:
Ms. Carneiro
Mme de Ste-Marie
Senor Kucher
Miss MacLellan
Miss Potter

Barat



To all of Barat: You have been a great house for as long as I can remember and you have helped make my last year here the best. Thanks to Pauline, Tiff and Mariana for helping me out and dealing with my spastic moods. You've all been great! Don't forget... always strive for THE PLAQUE!

Love,

Barat Househead '99
Meagan Penny

Digby

Being househead has certainly been interesting! Many thanks to my executive, Ms. Antonini, the affiliates and all the Digbians for making my last year memorable.

Amanda



Duchesne



WE ARE RED HOT! R-E-D H-O-T GO DUCHESNE! It was a great year and each and every Duchesner has managed to make it a very memorable one. Thank you to the talented swing dancers, the waitresses, the two ginos, little Super Snazz, the art helpers and the bouncer for making our "Swingin' House Day" a firing success!

Special hugs to Megan, Katie, Melissa, Ms. Mastro and Ms. Vaupshas for your support! I couldn't have done without you! Thank you Ms. Glickman for all your wonderful ideas. Thanks to all the Duchesners for "looking interested" while I rambled continuously during a House Meeting or giving me that smile when I stood up there in front of you like a bundle of nerves. It was loads of fun being your House Head this year! Each and everyone of you has managed to find a special spot, which will forever be engraved in my heart.....

Barbara Miedzybrodzki

DuRousier

"Let me hear you say **YELLOW!**" To all my wonderful Du Rousians, you've made this year a *memorable* one and I will NEVER forget any of you. Stand tall and continue to be proud of what you are: **BIG BIRD LOVERS!** Ms. De Mello, Ms. Burns, Ms. Martel, Mrs. Crowe, Señor Kucher, thank you for all your support and encouraging smiles. A special



thank you goes out to my exec.'s: Anne-Marie, Thuy-Lan and Julia. I could not have done anything without you. **YOU'VE ALL MADE ME PROUD TO BE YOUR HOUSEHEAD**

Love, Ayesha

Hardey



Orange day, orange peeling, orange is NOT tacky. You have all helped to make this year great. I thank you Monsieur Soret and affiliates but mostly all members. You guys are great. Thanks for giving me the chance to know you. I tried my best, hope you had fun. Good luck next year, monkeys!

Caitlin

Sheldon

It was an amazing year for Sheldon, we came in second at Christmas! Sheldon day rocked! Thanks so much Jen, Anna and Pam for everything, and Miss Potter for all your support. I hope everyone in Sheldon had as great a time as I did. Thanks for making my last year memorable. As Kermit the frog said, "It's not easy being green; but it sure is worth it." It's great to be green. **TURTLE POWER!**
Maddy XOXO



Stuart



We've had our **good times** & our bad times, but overall, it's been an **amazing** year! I will never forget our endless games of **Telephone** and. I can honestly say, **Stuart Day was da bomb!** I wouldn't have survived this year without my executives, **Jocelyne, Krystyna & Christine.** Thanks a million! I **would also like to thank all my Stuartians, & Mr.**

Summing, Mlle Young, Mrs. Brues, Mr. Hammet & Mr. Bahou, for making this a year to remember forever. And to Mme Habachi, "Mille baisers." I love you all, and I will miss you dearly. **You made me proud to wear my green tie.** Love, Gayle

Trincano

To all my Trincanian friends,

Thanks for this wonderful year especially to **Julia, Carolyn and Missy.** This year passed so fast and I'm sorry to be going because I loved being your househead (so many purple cows to draw.) I seems like just yesterday I was stammering in the first house meeting. Although I looked scared to death up there, I'm happy it was in front of such **under-**



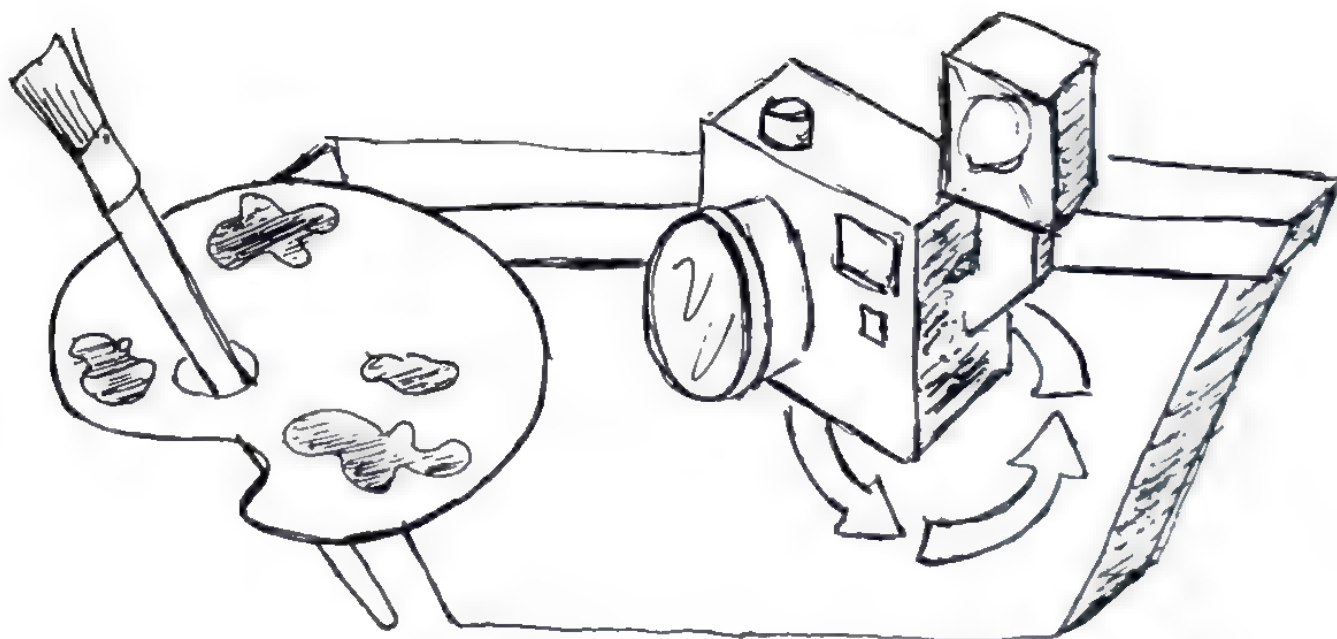
standing purple cow lovers. All those "Please, be quiet!" meant nothing to me. I was completely overwhelmed by your enthusiasm for the house. Keep it that way. **PURPLE POWER! Trincano's #1 forever in my heart (and so are all of you.)** Love, Trincano househead '99, Ginny

Prefects 1998-99

Marianne Brassard,
President
Mana Valente-Fernandes,
Vice-President
Linda Doan, Secretary
Emily Seng Yue, Treasurer
Lindsay Coughlin, GAA
Julie Hurtsfield- Meyer, GAA
HOUSEHEADS
Meagan Penney, Barat
Amanda Smith-Barrett,
Digby
Barbara Miedzybrodzki,
Duchesne
Ayesha Baig, DuRousier
Caitlin Reid, Hardey
Madeleine MacDonald,
Sheldon
Gayle Dulay, Stuart
Ginny Ng-Kan,
Trincano



clips



DEBATING



Helen Arceyut-Frixione , Kristine Bobak , Karma Burkhar, Gabrielle Cadieux, Kathryn Calabretta, Kareena Coelho, Melisa Colabella, Olivia Del Torto, Ivana Di Leo, Linda DiPalma, Danielle Dufort, Catherine Evans, Anne Marie Fook Chong, Natasha Forgues, Laura French-Bourgeois, Angela Gillis, Caroline Lai, Victoria Mandileras, Amanda Parry, Diana Peronace, Catherine Snell, Katherine Sullivan, Amanda Verano



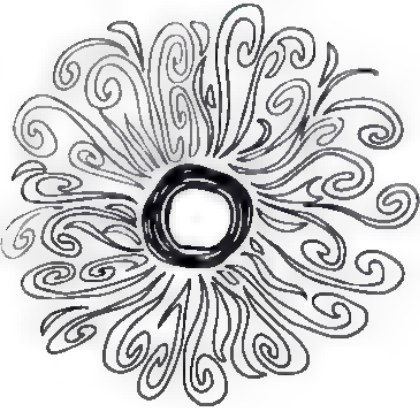
SHE INVESTMENT



Student Members (left to right)

Maria Catalano
Carolina Pansera
Sharma Joseph
Emily Seng Yue
Zehra'a Al-Roubaie
Reetika Chawla

ART



Mira-Lyn Lu
Judy Wong
Alex Barnabe
Kristine Bobak
Chloe Boone
Summer-Marie Joseph
Julie Lavia
Olivia Del Torto
Karen Lo
Mi Li Say
Tamisha Harris
Natacha Tardio
Vanessa Tardio



PHOTOGRAPHY



TOP (left to right) :
Anna Sarkissian, Vera Zissis, Julia Ahlgren, Sarah Doig

BOTTOM (left to right) :
Julia Talajic, Tamisha Harris, Jessica Jekkel



CHORALE



Zehraa Al- Roubaie, Nico Arvanitakis, Simrin Aulakh, Madeleine Bellemare, Lana Bergmame, Mae Brooks, Gabrielle Cadieux, Christine Chan, Pauline Chan, Kareena Coelho, Elissa De Souza, Alexandra Di Costi, Jaclyn Finn, Raissa Harasymowycz, Caroline Lai, Stephanie Lai, Natali Laszcuk, Sacha Lee, Marilee MacKenzie, Victoria Mandilaras, Jay Parayno, Manoji Pereira, Sophia Protopoulos, Mi Li Say, Emily Ser Yue, Anuradha Sharma, Linda Tan, Nancy Townsend, Christine Tra Josee Ria Tuvida



LITURGICAL CHOIR



Catherine Snell, Laura Snell, Luxmie Srikandarajah, Katherine Sullivan, Vanessa Tardio, Christine Tran, Josee Ria Tuvida, Jessica Wong

Lydia Anber, Helen Arceyut-Frixion, Tania Azar, Alexandra Barnab, Madeleine Bellemare, Christine Chan, Pauline Chan, Kareena Coelho, Mel Colabella, Tania Conca, Sabrina Cristofano, Danielle Dufort, Jenni Elvidge, Chiara Folini, Angela Gil, Caroline Hacikyaner, Jennifer Hic, Caroline Lai, Stephanie Lai, Natali Laszcuk, Myriam Luccisano, Pr Maloni, Victoria Mandilaras, Ma McDonough, Magda Miedzybroda, Alessandra Pansera, Jane Paray, Manoji Pereira, Romina Perri, Linda Tan, Natacha Tardio,

VOCAL ENSEMBLE



Angela Abrokwa- Ampadu,
Zehra'a Al-Roubaie,
Madeleine Bellemare,
Marilena Bono, Maeve Brooks,
Stephanie Caprara, Pauline
Chan, Kareena Coelho, Elissa
De Souza, Anne-Marie
Christoffersen Deb, Katie
Dupuis, Nadira Garufi, Pamela
Giancola, Melissa Herico,
Sharma Joseph, Tanya
Kahawita, Sarah Kemerer,
Stefanie Khoury, Caroline Lai,
Talia Markarian, Laura Mazigi,
Marie McDonough, Thuy-Lan
Nguyen, Hazel Paginado,

Carolina Pansera, Pinky Patel, Manoji Pereira, Melissa Salvati, Anna Sarkissian, Christine Saykaly, Emily
Seng Yue, Linda Tan, Angela To, Vera Zissis

CHAMBER ENSEMBLE



Back Row (left to right) :

Pauline Chan
Christine Saykaly
Marie McDonough
Sharma Joseph

Middle Row:

Caroline Lai
Thuy-Lan Nguyen
Maeve Brooks

Front Row:

Emily Seng Yue
Pinky Patel
Laura Mazigi

Absent:

Elissa De Souza



GYM CLUB



Back Row (left to right):

Cynthia Cipolla, Emile Laurin, Tania Azar, Lydia Anber, Cathy Religa, Sonia Religa, Emma Cerulli,

Middle Row:

Kaitlin Duffy, Vanessa Clarke, Alex Barnabe, Stephanie Maurel

Front Row:

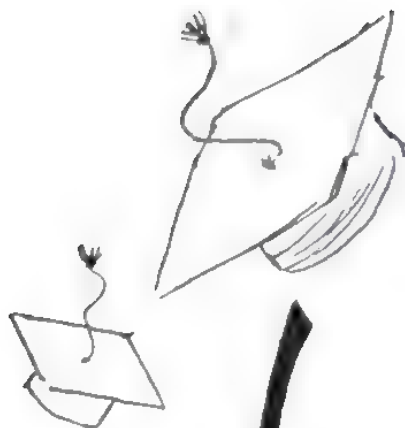
Sabrina DiGiandomenico, Sophia Protopoulos, Sasha Lee



DRAMA



Jessica Abbey, Julia Ahlgren, Naila Al- Aissa, He'en Arceyut- Frixione, Jennifer Berry, Kathryn Calabretta, Kareena Coelho, Tania Conca, Mieke Cullen, Linda Doan, Kaitlin Duffy, Alyssa Esposito, Chiara Folini, Eleonore Fournier- Tombs, Angela Gillis, Stefani Khoury, Chloe Kogan, Victoria Mandilaras, Alys McDonough, Erin O'Donnell, Marta Lina Olynyk- Luc'h, Diana Peronace, Genevieve Portugia, Lyla Radmanovich, Caitlin Reid, Amelia Sargisson, Anna Sarkissian, Julia Talajic, Sophia Teixeira- Crisostomo Christina Zeppettini, Vera Zissis



Grad...



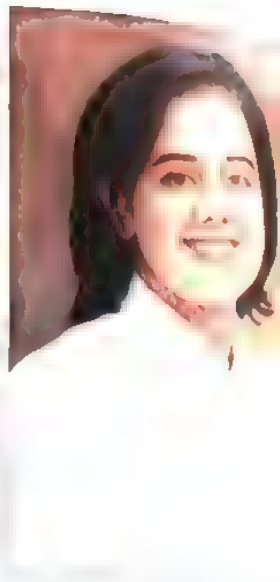


**Angela Abrokwa
Ampadu**

5 years Thanks NANFRAM for your love & suport Flipping love you SO I'm not alone BM hi 5 Ratpack sumer@vichy's you are conceited but I Love you Stratford'99 Tikimink CTTN trainpeps keep da faith MM soulful sista T O'Hali Soker keep on kikin Thanks Uncle you inspire me See you where the real sun shines in MY COUNTRY "Don't look back don't be scared we've got dreams & we're still young" To all you's Thanks

Zehra'a Al-Roubale

"Stop Pinching My Cheeks" GOOD TIMES, Wild parties and dancing. Math, GEO, B-BALL Cartman, Toronto sleepovers, Second Cup spoon feeding soup. ROLLING DOWN HILL, driving around/ ballerina, CSL gang Stratford bus rides religion projects, roller blading Memories to keep. Pooky, Carol, Liza, Fluffy, Elissa, Em, Gaylo, 162, Fishy, Nat, Gin, Ange, Ayesha, and all. I love you and will never forget you. Thanks Mom, Dad, Ahmed and Sarah



Cathy Bachour

Hallelujah! Hey Yeh! Soy Cubano soy popular Ah! Canadian girls! Hey you latina dancer! Mama Sca... Smelly cat, Aboulfad! Remember garlic bread HA! HA! When you shop at Mourelatos... Lisca (Turkey) Motherly hands! Hey Tundra! Donnacona and sons, little mermaid chants, religion chants, scary voice! CB Redwine = redhands! Always tired of doing nothing, love you all!



Ayesha Baig

ONCE IN A BLUE MOON, WE FIND TRUE FRIENDSHIP I've been blessed to find IT at SHSM To the whole crew (Ang, Zer, 2a, DrB, Guy, EDS, Chubs, MM, BM forecast, Gin, Liza, CP, Mim), you'll be forever cherished PREFECTS 99! Grads 99, It's So Hard To Say Goodbye To Yesterday, Stratford 99 No fears, no worries FLY! Dad, Mom, TQ, Sofi I Love You & Thank You For ALWAYS being there

Caroline Mira Balcar

UNFORGETTABLE MEMORIES: stalking with the crew (Carol -front, Pammy back) & freezing at Westin/ VT. - "I can't hear you!" / soccer #9/ SAILING GIRL! / I love you Clo + Lai + sherades team! / May 5 years be held close to my heart forever: Thanks To Dad- Mom- Mark- friends & teachers... I LOVE YOU ALL!! XO



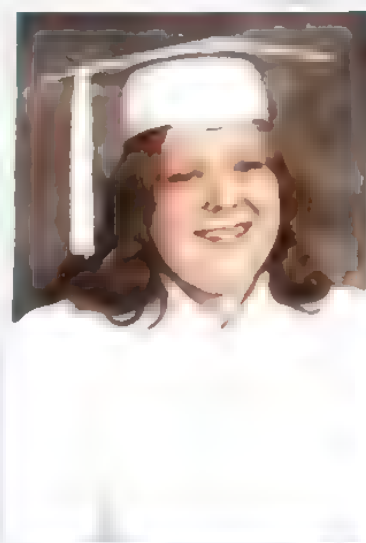


Tania Battah

Original 8- Mary- yo. what's up grape? Jewels Mer- veg pizza Olive- how's Jona? Kell Linz- Stratford Stef- lunch conversations. Bob- GAP, crush? Megs- inside jokes, swing hell! Mich- hard core snowboarder, Jess- this friday? Cris- return of the MAC! Townie at heart moon for ever. Thanks to Mom, Dad, Pam & Matt! grads'99- "it don't mean a thing, if it ain't got that swing"- thanx :)

Laura Bergname

Thanks for a great year! It must have been my destiny to be a part of the SHSM family I feel like I truly belong here The warm welcome was greatly appreciated It's been a year of new beginnings and friendships that will hopefully last forever I know I'll always have vivid memories of my first and only year at Sacred Heart



Jennifer Bishara

IN THE NAME OF ... Andra Tundra. Don't sit here suki Mother grabin'. Big Ben. dog's dead Psycho on the run. Mad math corner. Love Stratford suite APPLAUSO PLEASE! Ottawa bus stall French escape. L.D - Got chem glycerine Change for gym syndrome Donnacona + sons. hace calor chicas. WILL YOU PLEASE!?! ScaPman. Mourelatos. Irish chipmunk. Gonna miss you all AMEN



Olivia Bitton

ORIGINAL 8 -Step-on-me/ my broad, Bananes/ let's cruise, Mer/ morningly attitude, Ditz/ shopping again? Kell/ nails, Mary/the twin, Linz/ hairtouching. You guys rock. I can't forget J.B./ C.B./ J.S/ A.Y./ L.T Long live Van Houtte! Gangster Supreme you're the best Mel I love you, and Bill thanks for giving me the best two years of my life. Good luck to all grads '99 thanks Mom, Dad, J, Matt and Ren

Marianne Brassard

Bob- C'est moi. Thanks Denis I will never forget my MOOSIES! One word: RANDOM Where is the turkey? Walter? Jig Maker (enough said) Chem songs Mash. Puppies. B.D. Afterschool club Do the worm. Walk the dog you tone deaf boy. Camel business at the Château. GAP girl for life. You know it! Laugh my friends, life is funny. To all my dudes: Thanks for letting be myself. Ma, Pa, Clo, Op - I hope I made you proud. "In the end, only kindness matters". - Jewel

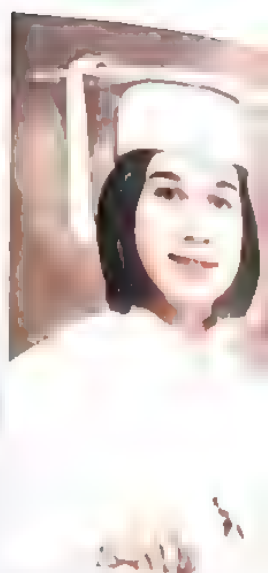


Maeve Brooks



Here's to song. Here's to time.
Here's to both with friends of
mine. La # uno bella Carolina.
Zer Bear. Mane musical ge-
nius, pooky. E & E. L.P., Gin,
Dr Ba. Ange. CREW, train + T-
M people Remember if you
don't understand I can't teach
you, I hate cheesecake. you
make it happen & to have cour-
age les filles Hal&Tnt+SSUNS
forever Special thoughts for
the family + Riley Enn Go
Bragh!

Kelly-Anne Brown



Original 8 L.C.. brownies, T.B..
rice, M M cheese, O B.: nails,
S K.: pizza, M V.F.: rev, JJ +
Benfica, J H.M. yo Guy, C.R.
best friend + nub noo J S. sushi
MARCO I love you JONA deep
Conversations, Stratford, Re-
treat, Carnival, Walkathon,
Train & of course Loyola!
Thanks Daddy, Angie, Liv,
Laney, mchloé, Vero. Je vous
aime Colette + Robert. From
the great Lauryn Hill to all the
grads: "Don't be a hardrock
when you're really a gem."

Krystyna Bruce

Let the 5 years of memories
live on: KrYstYna, red glasses,
Sec 2! KD pic, French Maid &
Class, Silas, Stowe, Gabs,
slap-kick, bananas, TT2, mas-
sage, Rock, maniac,
ICESTORM, Mr. H., Scully,
Stratford & retreat, MICE,
notes, VET, D.L.-late nights,
STRESS, Keene, Sam, Teach-
ers! Thanks to D.D., F.V., K.D.,
M.L., T.H., S.D., R.F., L.B. +
guys! I Love You Mom, Dad,
Halbean, Bug, Bunia, Nanny,
Donut & Maggie!



Tiffany Bukacheski



No, she's Amanda, I'm Tiffany
I'm starving Booth pictures
Ace Owl My Pancreas! Aug 29
MP vs Swan Rm 205. Sand
BandAid Second Cup Peach
Fuzz Psycho. By-Female. Sa-
tan. Dorval Coffee? French?
Bad Influence Back off Silas
Summer '97 Shopping Here-
No Walkathon Map. Love you
Mom, Fred, Mike "There's one
thing that comforts me since I
was always caged and now I'm
free"

Maria Catalano

5 years gone- memories last
forever. Italy 98; predictions,
Peppy, laughing, LIW, Tiki "Les
Italiens", late night talks,
revelations. Tonight's the night!
Stratford! J.B. Kindest
armenian, paesan, math.. the
merster, best friend T.K. "U2 Ti
amo ma, Dad, Cristina. Love
life, Happiness is not having
what you want, but wanting
what you have. Best of Luck
Grads... till we meet again...





Reetika Chawla

Chawli-e? Italy: freak. Americanos, Q.M., Lady in Waiting, Ms A. & G.! HABS Faible Soccer Bishop's math = wrong L.L. L.C., ride? AFTERSCHOOL CLUB cell, MASH, graph S.R.K.. Thanks to Grads '99 & teachers for 5 great years. Thanks Ms. Del Torto & Ms O'Neill for the support! Most of all, thanks Ma Dad & Tanya "When you make new friends, don't forget the old, one's silver, the other is gold."

Lindsay Coughlin

A.K.A. pen15! Proud member of the after school club, L.D. you are in denial! Loyola Grad, enough said! M.M. soccer rules without the tears West Side! What, triple CHEM? I hope that's not acid! Productive French classes & Prefect meetings! RANDOM! Thanks Sir for everything! M.B., C.R., M.M., T.B., L.D., M.V., K.B., M.M., S.K., J.H., R.C., T.B., prefects sec 4's & 1's Mum, Dad, Ry, Kev, Kyr, Andy, Lisa, Sean, I love you all! I'll see you on the ice!



Mieke Cullen

Thanks to my family Caitlin loved the Monopoly, Twister, and Nintendo 64 Maddy who knows where I would be without your toes and yellow raincoat. Al and Cio you both changed my outlook on what lunch is all about and are N.Y. maternal. Bob you are definitely coming to Dawson. Zaire and Tai I've had a blast. Mary will always remember. We love T.J., DJKMP (the musicians from MOIST), BranVan3000 "people fade as people do" David Usher



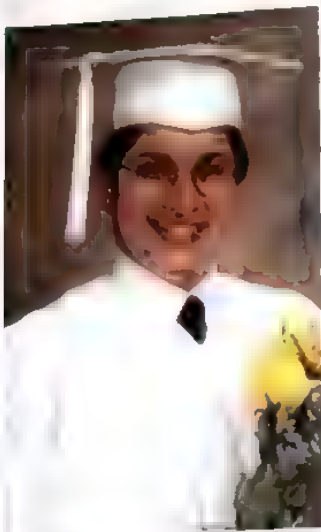
Isabel Da Silva Baptista

Pinky -WaDup? Open Gym? Indian food, YUMMY! y'all coucou! Think that I am crazy about K.S. NOT ANYMORE! JOSEPH the BEST! Tam-nibsnibs! No excuses for carnival this year Guys talk in ITT K.D.-Eat your FOOD! Slapkick-haha, I am a victim! Stop saying HEY! L.S.-Precal-stop laughin SCHNELL-normal French1B- WOULD you PLEASE! SHUSH! Comes Mr G! Hace calor! Abierta ventanas chicas! Love you all!

Debora D'Iuso

WoW five years, Remember: B.M.: Hi my name is candy -je t'aime. "Poush Poush" T.K.: "VivaDD" my little chicha night-mare equals secondary four singing but S.O., S.J., P.P. our gym routine rocked! Italy Eftour buds "WackyWacky" sound familiar? L.P. and K.B.: spastic physics friends A.M.: next Queen? Thanks to all my friends and my family for their love and support N.D.: listen to the Bratt! Mom, Dad I love you! Ciao A Tutti





**Anne-Marie
Chrstoffersen Deb**

So Many memories . Best buds
TKIDD & T.K. respect your
queen, x-country M.C. & Es,
Selwyn guys? Friends through
all N.G., French chats M.B.,
162 chocco high Z.A. Dk's #1,
hug bug L.M., train pal F.V.
Thanks Mrs. Cochrane, Miss
DeMello & grads for the best
years of my life. Thanks Mum,
Didi, Dad and Oliver for every-
thing Girls, it's time to move on
to something better than the
best!

Michaela Coté

Good times were great 5 years
& 6" M.S. abs of steel + per-
oxide. J.K. consomme & wres-
tling S.B.: campouts & espio-
nage A.F.: Dairy Queen A.L.
big expectations. M.C.: do it
longer Ducky BigToeMad
mama Kogan boarder buddy
Miguel. Hall soccer, cheese in
a can, summer school, Happy
Hour, fun with lactose, kool-
aid, field hockey Thanks & love
to Mom, Dad, Steph & Max



Elissa De Souza

Thanks for the Memories
Bonaventure Second Cup,
Faibles Criminal. We will rise
up Vocal/ Moods "Mavis"
sleepovers/challenge Go Habs
talks/ Too loud/ Too much gos-
sip, Strat 99, Are you trying to
say Can't remember what
else ..except GREAT friends:
Sharma! Zed, Mb, Gale, A.B.,
Gin, E.M., A.M., E.B.,
B.F.B.O.F V & M love Mom
Dad B.B. "Nothing can break
the solid rock of sisterhood"

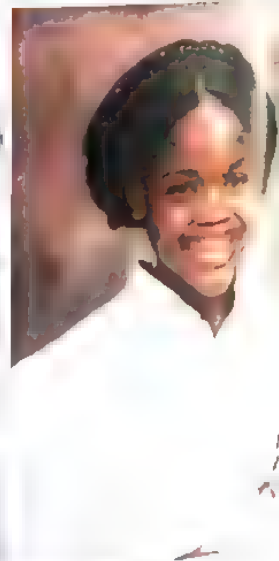


Linda Doan

PEZ, ANYONE? Poet, Jesus
Freak, Papier Poudré, Mer-
maids & Mr Zebra, Mysharona,
Van Houtte & the Ick, Dead
Dog, Random Prefects, Door-
way, After School Club & LL,
The Turkey, Sr. Café, Big Ben,
Lord of the Flies, Stratford
Swan, Biscuit Frozen Tears.
Thanks Ms.O in 8 syllables. IF
YOU'RE LUCKY ENOUGH TO
FIND A WAY OF LIFE YOU
LOVE, YOU HAVE TO FIND
THE COURAGE TO LIVE IT.
even cynics hope

**Samiatu Odesina
Dosunmu**

The wait is almost over. 5 years
of wonderful memories are
about to come to an end.
Thanks to God for strength. My
mother for putting up with the
stress. My friends for love and
support. Stratford 99' memo-
ries. My family for their belief in
me. One love to all my class-
mates. "To thine own self be
true" I will miss the friendly faces
and wonderful teachers. One
love to everyone.



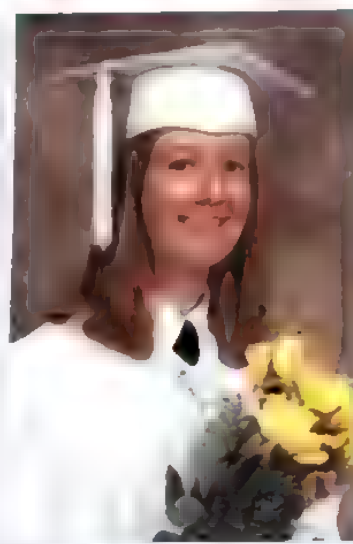


Gayle Delay

Memories forever To my friends let's sing, Appletree-SHAMANISM- Emily celery, HALAL tormentor A.B. & A.A., L.D.-hall dragger, Mavis-errr, whee-plop; LIZA=NIKE QUEEN (thumb, woosh, errr) Soccer #3 basketball; Bishop's Asian Invasion: 2Lan, Joce, Shy, Hazel-Fazel, RS-LA-M.A.-J.C. you're da bomb! Mahalkita aates & wawie- Love & thanks to God, Mom, Dad, Jake and Jeff the Rock

Katie Dupuis

Heal the past, live the present, dream the future Thanks so much to SHSM for all the memories. All my friends, especially Snellie, Bel, Tam, Krysia so lov you all Are you getting up? Senora, swan, Field hockey GOLD Focus, K.B.-Max, Stowe, spy, Bad, L.S.-Lilith, STRESS, hey, Fr maid, muy bien! notes, rock, kookoo. Who said that? Bug Power! Thanks to R.T.D., L.B.C., Ms. T., Ms V., Mr B., Mom, Dad & Hcat. Remember...



Sabrina Fabian

Well, it was fun for two years. Had some great laughs: Munrui? Juice bar? You rock my world: Barb, Banana, Mische, Bobo, Maddy, Andy you kill me! You all kick butt & crack me up Caitlin, you're awesome: stu jumps! ICQ, Field hockey #1, all night Stratford, paprika hair dye, Sec. 5 entertainment. Thanks for keeping me going everybody! Great job Manef:-)

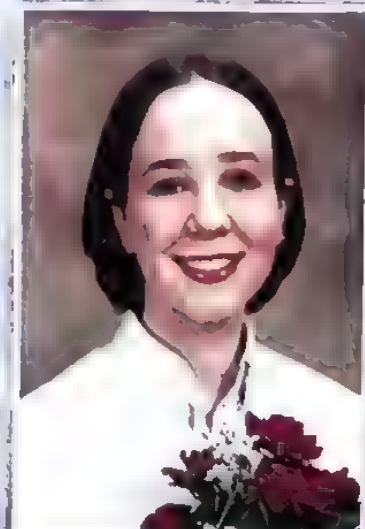


Nathalie Fazzari

Al: Anif for ever, N.G. Zero, M.C.: Queen, M.T.K.: Lady In Waiting, L.M.: cheaphugs, C.P.: Forza Italia, P.G...E.T., C.B., M.D.: stay, *NSYNC, Italy 98, Teachers, Thank You Mom, Dad, Ju, Zac, Family & Friends. Thank you for your love and support. Without you I am nothing! To my fellow graduates: May all of your dreams come true. Just because you're not mentioned here doesn't mean you're not in my heart!

Alexandria Flannery

You never know when you're making a memory. E.T.: Bubbles, L.M.: Pop'n Fresh, A.L.: Pink M.C.: Cotton Candy, M.S.: Sheep Wanna Be, G.N.K.: Bif, J.K.: Star, J.L.: Hunnybunny, A.O.G.: Depanneurs, T.G.: Rockaberry, E.M.: Stickers, A.M.: Bagels, M.C.: Latin Sleepovers, HOLE, Dreamphone, 2nd Cup, Love to my beautiful family, Sunshine, Simpsons, Music, Butterflies, "Didn't think I'd miss you much, I forgot to think..." Holly McNarland



Rowena Franklin



Yo! It's been unforgettable, 5 years, many memories. Will miss the lunch tables, saving seats, correcting teachers. Stine remember Sec 2 xmas exams? Meghan, Sami Super-man forever! ha ha Art Club Reading between classes Pool parties & spitting Procrastination is the key "Whoa what language is this? English Huh?!" "Sigh." Love you all!

Christine Gacusan



It's too bad Mr. Pinchuck left Z. See you at the concert

Pamela Giancola

Memoria/ Secret Heart/ Sec 3 soap/TITANIC/ Please I need help/ Italian crew we make our country proud/ Frick+Kaos = GirlPower/BSB need your help/ V.T. -front row -I can't hear you-Rose/ crew is missing - NSYNC in town- hmm/ Bouge/ ICQ forever/ Parties-DJBONO/ Thanks Mom-Dad-Mike-Sami + family I love you/ I hope the bonds we've made will last forever/ I'll miss you/ Ti Amo-Ciao!



Nora Gunjian



Five years at Sacred Heart have come to an end. I will never forget Stratford, retreats, the fun and laughs. Thanks to all my friends who helped me keep my head above water: A.I., M.C., T.K., N.F., T.M., L.M., A.O.G., A.M.C.D. Thanks Mom, Dad and Zaven for never losing faith in me. The years have passed quickly but they will not be quickly forgotten.

Teresa Howick



To all my friends, thanks for helping me through. M.L., Z.K., C.G., K.D., L.B., F.V., K.B., A.P. Love you all. To my guy J.L., for being there. So scared at first, now so familiar. Thanks Mum, Dad, Mant, Katie, Jer. Thanks for pushing me loving etc. Best teachers, Voght, Arvanitakis, MASTRO, Wilson. C.G.: AGAPE, Z.K.: Silverchair, Meg SUPERMAN (Dean Cain). Follow your dreams and good luck. CIAO!!

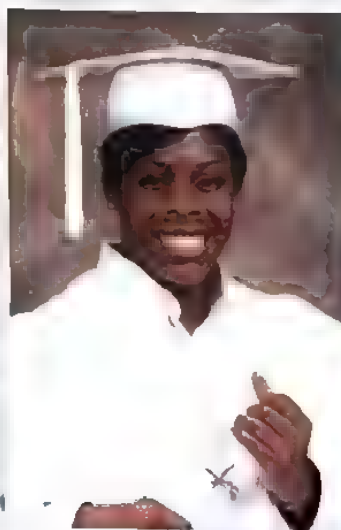


Julie Hurstfield-Meyer

Ditz? Floridian for life. The original eight, T.B.: Banane, O.B. sister for life, Sket I love you. S.K. cucumbers & the many trips to Florida, K.B.: Yo guy? What's up, Rap forever, M.M. the many sleepovers, Lins Sports are life, my jock. M.V. the many talks, J.S.: my tennis buddy! Thanks to Mom, Dad and my bros & Adam for the encouragement. Good luck grads of '99. It's OVER!

Alexia Iacobacci

Five years Have Passed Leaving Memories to Last 100% ITALIAN & Proud! ANIF FOR EVER- N.F. Tonight's the night- M.C., Zero- N.G., S.Camp- T.K., L.M. Comara- C.P., P.C.L.- Bouge, Gonna Get'ya Big Sis- M.A., Les Italiennes LES FAIBLES, it's Getting Me Nervous, CAN I KNOW? 5 hours Long Labs, Thanks to All my friends "Friendship, said Pooh, is a very comforting sort of thing" Thanks Mom, Dad & Marco for All Your Support.



Sharma Joseph

SHAMANISM?... Train people forever. Hockey, sports are it. ENG HELLO! sesame seeds, roll off the bed, toilet flood! laughing/ crying? collar thing- sleepover WHAT was I talking about- locked out of room gangle/ field hockey/ cream/ my british accent. burnt hair. criminal at work. Craisins/ loudness. Thanks to all my friends and family.



Tanya Kahawita

Cherished memories are eternal. Tour of Italy & gang, special place in my heart. B.F. long live Q.M.T. Men in Capes, Kevrocks, Gucci chica. J.B./ Jungle/ strat. Lexus long live Chem. R.C.L.W. Peppy's fit Pompei. A.M. future PM. & Will is mine. L.M. "gino" P.N.F. amencanos love Taco Bell. B.B. best bear hugs. Thanks Mum, Dad, Aiya & J.M.J. for support. La vita è bella, savour every moment!

Zari Kazandjian

"It's a freak show and yeah I'm a freak to all the people if only I could be as cool as you." I pick Australia. Horses = life. Evening, Danny. Sunset more red ribbons. Max jump. Lucky P. you got away. Dad and Momma I'm coming home and silverchair. I LOVE YOU I'm finally Azad. No further comment.



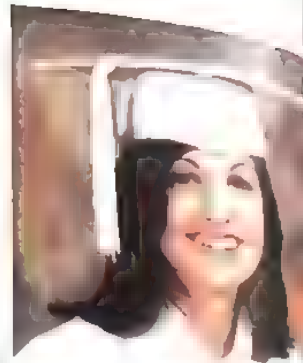


Justine Keyserlingk

Over? YES! Now more time for sports. Cougars rule! Basket ball + Volley ball team: Love you guys RECCHI 8 #1. Mick, Grandma's cabinet M.S., arm wrestling. M.M., bus stop chats. M.C., Man... Change your names! Sling. You wanted to be my lab partner! A.F., Fustine Irony. Winny, Wayley. Mom. Dad, Dom, Ziggy. I love you so much. Thanks for being the greatest. LET US ALL BE PRO-CRASTINATORS!

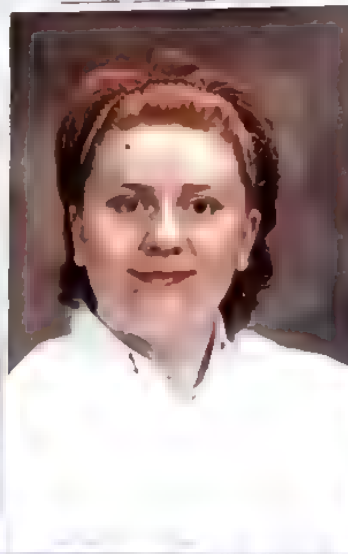
Stefani Khoury

Original 8 Olivia- My Broad! Juls -FLA three times/ cucumbers. AKA -Pizza. Pen15-Grad '98 Enough Said! Maria -My unspoken BF. Banana -ICQ chats. Marl -STINKY! TO '97 with vocal. 90210. Kindred Spirits. History Mr. P. UNIBABE. Spring Break '98. MOONcrew. Montreal Westers for life! Thanks to Mom, Dad, CK, Em for talks, Mme. H. Ms. M., Z.O., J.A., J.B., T.G., N.J., A.S., C.H., T.A. Nick, Ben, Montreal West family & Grads '99 -Thanks for Making Life at SHSM Easier.



Chloë Kogan

My friends, I love you best, you're my kind of people. Al you make me feel like I'll never be alone Man, thanks you changed my life. Camel I love you, you're my bestest asbestos. Cartin you inspire me. Tiff I miss you. Caroline I love you. Mieke we'll be friends forever Liza P., I'll never forget you. Sherma. Mama you're my favorite person. Dad you're too crazy. I love you two so much.



Débora Gomes Lamas

Thanks for the great time that you all made me have in Mtl. Friends & family love and miss you all. P.A., G.F., N.A...friends forever. Downtown, Hard Rock Cafe, Americans, movies, snow, ski, and NY!! Mom, Dad, Ba and Dani, love you! Thanks to my host families "a preciso amar as pessoas como senao houvesse amanha, porque se você parar pra pensar na verdade nao ha..."

Meghan Larivée

yay! Time flies THANKS TO T.H., K.B., Z.K., F.V., L.B., K.D., R.F., S.D., C.G., stress relief... HORSES! Physics/ French Guys rule, Superman, MULDER! I have strept throat. Parents rule. Love to all my crushes! NICKY babe. thanks Ms. V.+ Ms. M. LOVE YOU. ECOLOGY! Global warming. friday movies. You people rock, love you TT. DREAM, TRUST NO ONE.





Alexandra Lauzon

It's over! I only came this year but you guys ALL made me feel like I have been here longer! I'll never forget my Senior Year and especially not Dria- secret, Pink- M.S.- talks = bf- M.C.- The Cream, Yes we'll FIT! Ginny- C. Class + guitar/ Nails- dash/ BCS+ Home friends, etc. LOVE YOU ALL + Simon- bébé. Thanks for such a great year, It wasn't so bad being in an all girls school! Miss Ya! XXX

Madeleine Macdonald

PE! Potato Farmer, Big Toe Mad-le-e-y Van Houtte, Rouge Gorge, Crisk, unbabes, the ick, Bananas! Scientific Journal, Good Girls, denial, random pre-fects, Sutton, Juvy Volley ball, crew, Queen bee J., cheesy hair, 3 A.M. algebra, Cool way, shake, Thanks Mum, Dad & Aidan; those at V.M., Pt Gray, and especially S.H. I love you all, & I'll miss you guys. Remember everything when only memones remain.



Mariana Maletskas

Mary/ Littlepicke It began when my bro MeRia gave me bugels. Then came THE original 8 J.H.M.: salsa? T.B.: we DA grapes GUY! S.K.: stinky. K.B.: cheese. O.B.: twins. L.C.: pin15. moist C.R.: nubnoo Pattycake my #1 star sleep RIGHT C.B. J.B. A.Y. J.S. rock South Shore CREW -LT.: ready for 7:15. T.S.: talks. Summers with C.G., M.B., P.B., & N.B.. my little bro. Thanks -Ma -Dad -Nica -Yaya -Nona -Tiana Lucia the Ts & the hm's xx Grads '99 it was good.



Laila Marina

Oh, yea yea! MJ Greatest thanks to my parents for all their love & belief in me. My love to Mac & V.C.: Seal? Calories, Joe? Bob! Chris 1st concert. Snooch! Dorval Coffee, Moon Sketch! Pacos girl, C.P., Bobo, Pookie, Fly, Cnsco, C.B., E.T., K.A.B. My fave Lala boys: J.D., J.V., P.C., Train crew. Boston? To Kris & Ramil: you guys are my world. Angel! I love you. This is just the beginning girls... keep on smiling! M.C. - call me.



Talia Markarian

Many Thanks to my family. Stepharou yoyoyo! Special thanks to Lousse-Mousse (anouchigs) + Keporky (abouchs). Laur my JAP + freak on bus: thanks for always being there. Z horse lover + NG Zero + Twiggy = azadenk GinGin princess + my fly + Mieke Usher = Love you all. Débora never forget you. Posh spice S=C I love MD. "Let us not say goodbye but rather farewell, we shall meet again".

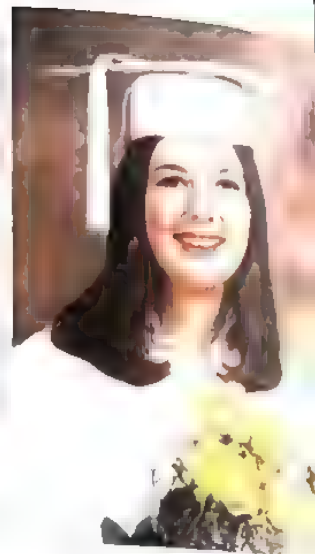


Laura Mazigi



Tutto FINITO! Never forget Stratford J B + Jr & bikeboy/ Nora G: my cuz you are a Zero, love the bananas+ wedding show/ Ale = Po + Head On a Stick+ R V / Ni I Love Cheap Hugs/ Q M Nasty looks+ the MersterMerama. I Tanya: your Whining Rules/ Pammy Baby + Caroli Ti Amo/ To all my Paesans: YAMECHIN'NGOP + GINOSRULEI/ Shep love you/ AM (hugbug)/ Tal: my forever Spaz/ Thanks Ma, Dad + Paolo... CIAO for Now!

Marie McDonough



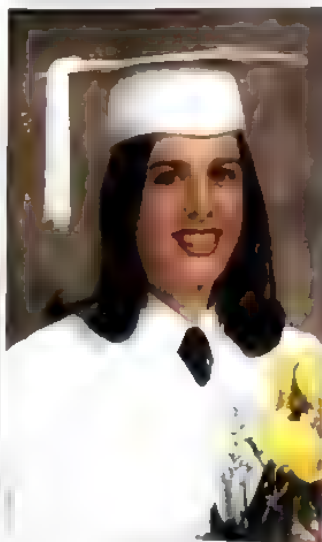
Let's not get hysterical. appletree. chocolate. murray jumping on beds in toronto. the machine gun plan. my soulful sista fever. you know you're tired when... marshing and gargling in halifax. lin: you can pay my rent in NY. oh, that song. I cry marie bashing day. cynicism. expired water. a lot. I-songs. tori. I don't want to. bird and unnamed thanks to all of you.

Natasha McPherson

Stronger than the average slim girl, with big lips! To all my peeps: T.B., A.B., M.P., M.B., L.M., L.D., M.S. thanks for keeping me sane. P.V. you mean the world to me. Flips rule: static?, black power, volleyball; dasha, To those who helped me along the way: Mrs. C. Mrs D.M., Mme. H., S.M., A.M., R.M., J.W., Z.C love you all! Mom, Dad, G & D thanks a bunch With every and comes a new beginning...scary eh?



Barbara Miedzybrodzki



Hi5/ NEXT-attract weirdos together-true friend/ #1french bud/ Supersweetie/ A.B. forecast/ can't stay Away/ Frick & KAOS = SpiceWannabes/ Tylenol/ poetry & flowers/ Jelly Beans & great advice/ Oohlalala/ not the Hole/ two girls at basket ball = explosion. Work on commission??/ frozen at Westin/ Polaks rock Pleasure Island/ oars/ Thanks to all my pals/ Love you Mama, Tata I Mag -Dzienkuje za wszystko!

Courtney Montour

We finally made it! Thanks to all my friends and family who made it possible. Especially Sharma, and Ang., Pinky (Chikita), Liza, and Nora.





Ginny Ng-Kan

B.M.: Remember science camp? My cow can squash your bug. G.D. It was #1 (plop)/ Monkey Baby Rocks/ My MAURITIAN blood is fresher! / love May, Justine Poutine, Linny, TaTa & Scalera/ Laura #1/ MARIE: E.S.P & post-its/ Bishop's Basket Ball 2 snowflights/ You left me on mountain! / Makeup session #5/ K.B.: Me manic, you... / More love to all I forgot but never will Thanks MOM & DAD. -Grosses Bisses à tous Salam

Aisling O'Gorman

15! -BoB, So Sorry I Didn't Get To Know You Sooner -Bring Back The Appendix! -Sublime -Irish Pride -Love To -Tra -Mow My Lawn -Listen Lady -Pookie -1+2=3 -Obese Mich -Good Girls -I Am A Donut -BSBLover -Silvertulip -Ms G -Ducky -#8 Rox -Deby -Nora -WuvLey -Mannela -Oldetar -Mike, Mom, Dad I Love You -I Hope Somewhere Some Woman Hears My music And It Helps Her Through Her Day - Ani DiFranco.



Sophia Otchere

Remember Shamanism L.P/ routine. Stratford pics/ pole/ superstar/ 83.2 summer 95 at LOYOLA park, J.D., N.T., T.S., N.D.G. rocks! RATPACK face, cosmic bowling ATTITUDE! A.A.A. my sister AFRIKA! Jess-cross ROADS, makin' all summer amigos for life. Derek-you'll always have a place in my heart. Thanks family for pushing me. Soccer & hockey all the way. "Past is the past, forgive & forget." BUONA FORTUNA!



Liza Palas

Love & Thanks Ma, Pa, Bros. CAM=SISTER. Flip dream pic skit meow plop jinx. BUD How old's that kid crying like that P.J. candy eh CUZIN why being so lizy BABLON 5 good ice 911 DONKEY GUMP hit ode FLUFFY. Hill: Basket ball team. SISTA-HA Jump SHAMANISM filiganip BRUT 83.2 VIDEO Get In= KADJ GRADS: DON'T LOOK BACK WITH TEARS HOLD ON TO THE MEMORIES TILL WE MEET AGAIN. I love you always and forever, Liza

Carolina Pansera

First things first: ITALIAN & PROUD! Moochie: she's getting hyper - Lunel Chipmunk Cheeks I Love you Coma' Ale & Ni "ci ficam find ou liett" GO Laura - BSB Jeffy Beans Welcome to the Club: Dance Material. Pam- Its not real! Liz Caroli DJ BONO Alarma & Chunky forever My pallet's coming off! Viva Junior Mafia Ms. Del Torto - Boca Apert TI AMO Ma, Pa, Pig, & Skunk. CIAOI



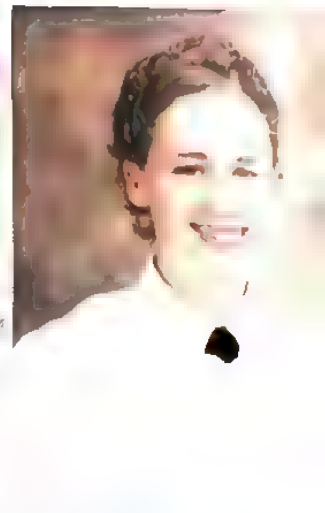


Pinky Patel

Hola amigas! Watup izdalia? Iz Cuba rules (India first) k S., pink passion, turban man, raj, player, silas mamer, chiara, laughing lab partner, yeah no more joseph! gujus rule man! gracias to Rotah and Mummy Stay kookoo chequitas of 99! Five years! Remember that "confidence comes not from being right but from not fearing to be wrong"

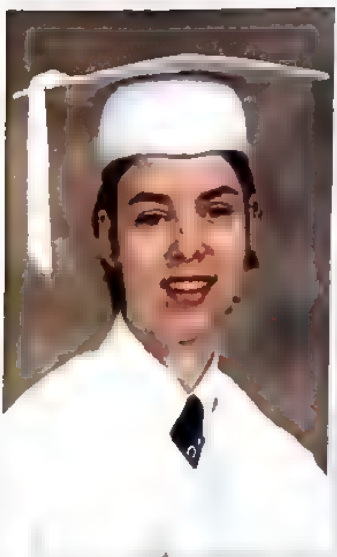
Meagan Penney

To all my friends who made it fun for, you know who you are I LOVE YOU! My family, MOM, LAUREN. You mean the world to me The V's and staff: Thanks for all you've done MOONRATS -What would I do without you? Europe! Mark, Again with the handshake... constant shaft! Room 205 TT: Kindred spirit. SWING N' YEARS! Bit by a swan! Random prefects. Tan it Don't Mean A Thing If It Ain't Got That Swing.



Alison Pollock

Hey Grads this was pure craziness You changed my life forever Mieke-Dawson, walking home, Clo-Oz, N.Y.U. - friends past, present and future Mom without you I couldn't have done it Thanks, I love you

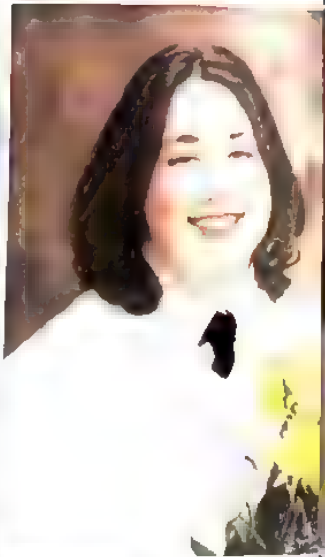


Caitlin Reid

Star 1, Paul, Moist, shake, bob, Monopoly, 64, Twister, elbow 3, rain, gas, turkey, Sr.cafe, ice, benches, pepsi, Satan, stuff, Ewan, pierce! walkdog concerts, Depp plays. Thanx: Luke- won't forget, Mom, Dad you're my goal. I miss you, to friends- I nub noo all, S.H.- I owe you music + art + theatre + words. Think play cry laugh "Because the world owes me nothing and we owe each other the world" -Ani DiFranco

Melissa Sant

Stratford swans. Shup. Say it ain't so. Tiff, feel my head Ben obsessions. Crossing Guard: "I'd like to thank my mom". ITT FREAKTABLE Pipe. Art with Andy. My incessant whining. Lord Of The Flies. Friends I hate to leave: T.B., A S.-B., L.D., M.P., N.M, C.K., M.B., I love you guys! Wiener. Mom, Dad, Brandon & Kelly thanks for putting up with me.





Tamara Santostefano

Allo mes amies! Had a great time Thanks for being good friend Debb 112, Atwater, 7 up, bundis Ma what is this? Oars, Babylon 5, good ice, highway, Nobody, Ludwig, houseplans, Schnell, Aussie, much fun. Sleepover, no sleep! IS bad, Ouch!! BIRDS! Thanks I.D.B., L.P., S.O., K.O., S.J., A.A., D.M.C., P.P., L.S. MUM, NONI, UNCLES, AUNTS + THE BRATS Love y'all! Miss y'all!

Michelle Saykaly

Wow- it's over-I can't wait to move on but I'll have the memories: M.C.-confidante, M.M.-subject talk, J.K.-looking good sport coach, A.F.-note, A.L.-boyfriend talk, T.B.-rockland, C.K.-chicken!, Fat Ash, crew, Field hockey champs, Walter? cyber, Dash practice, Tool, The stop, x-country ski, Special thanks Mom, Dad, Chris and Greg. I love you all (you know in what way) HUG-goodbye



Jessica Scalera

A.Y. & Cartman sailing way! Smelly Cats? Feeding you? J.B.: Female Monkey Mate! Banane: punished mormon! Kel: sushi! B.M.: tylenol. Gin: Can't grasp concept! Splish splash, locked out L.T.! J.H.: Tennis #1. Alex: good times with Dr. greenthumb. "thank heavens 4..." love you best friends forever & there you have it: "I don't ever want to be close to you again but o.k., I'll stay!" Dad, Mom, Stef RECCHI. love you all.

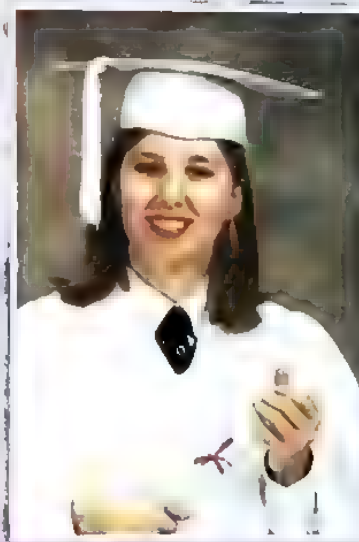


Emily Seng Yue

Me, a delinquent? E-mails Field hockey, TO. vocal Eating. Partners In Crime Lip balm Sharma P.E.I. Rougegorge Snow boarding. Gossip Bonaventure 2nd Cup Cheese-cake, Stratford '99. Kinder Surprise. Infobooth. Bunbury. Socket. Liming? Sleepovers Tennis. Makeup. Burnt hair pipette. Sound effects. Ballet. Prefects. Schizo. bridge. down da street. Radio Can. Angel. Love & Thanks to friends AAboud to Zer, Popo, Mom, Dad, Co.

Amanda Smith-Barrett

Let me get some action from the back section. "Accept that somedays you're the pigeon and somedays the statue". To The Girls: I love you dudes forever, you make me so happy, as does the beach. To Mom, Dad, Jule, pooch, I love you and thank you. These are the DAYS of my life. "It's the end of the world as we know it and I FEEL FINE!" (REM)



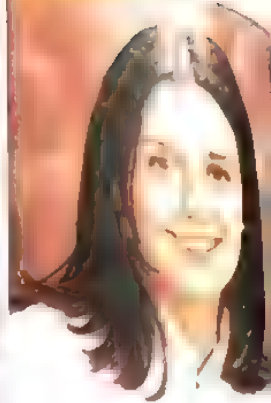


Laura Siren

Five unforgettable years: L.S. song Stratford, field hockey, laughing fits pre-cal "surprise" "Laura or Cath?" To all my pals you made high school rock: K.D., T.S., I.D., C.M., D.C. Hockey buds: R.C., E.D. and E.S. Go Habs Go! Two Mountains train: A.A. and S.J. (busted) equals deafening duo. T.H., P.P., M.B. (2M pal). Thanks for everything: Mom, Dad and teachers. C.T.S. love you Grads of '99 may our memories live forever. Good luck in the future

Tchervenkov

Bugel Begins. Hall chants. Crazy outbursts. A+10. Joyrides Dread. G.Y.: Mourelatos. Classi CUBA. tale Sleepless. T.M.R. nights. STRATFORD. suite. Toyo. L.D.: Priceless poems. Pita craves. DREW madness. ICKY steps. Vents with zim. Cards in math. Big Ben BASHA. VanHoutte. A.M. Pigouts. J.B.: 1st and out you guys brightened my days. Let the good times roll...

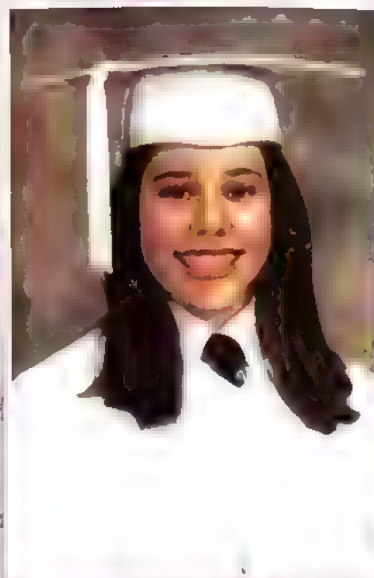


Maria Vale
Fernandez

Original 8 M
Olive, Lindz
Loyolabuds S
Mike D, Ad
Jackamo for
Moma-Becky
Marco J J's p
with Lennon M
ROB, I dig ya
and Denis for
friends ever
Thank you M
Vans "Lovin"

Elizabeth Mary
Tiplady

Memories last forever! AF: VIT. I've got a lift CHUNKY ROCKS! CB PG CP MB BM BSB stocking 'NSYNC! Columbo, lets be spontaneous! What's in your wallet? Too many stickers! C.A.: Summer School "MARK-A-RENA" Special thanks to family: especially Mom, Dad, Andrew love you all. We have all grown into beautiful butterflies, now each of us have a new life ahead! Miss you all!

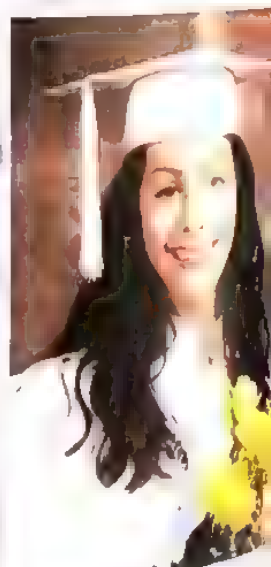
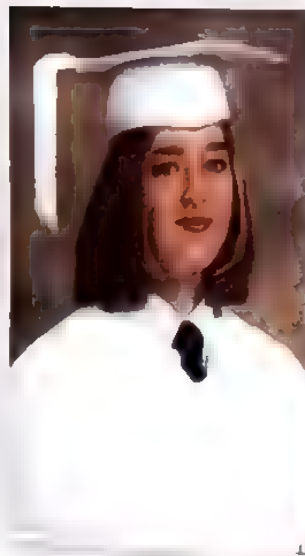


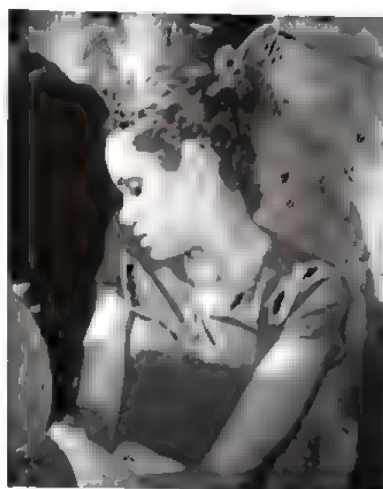
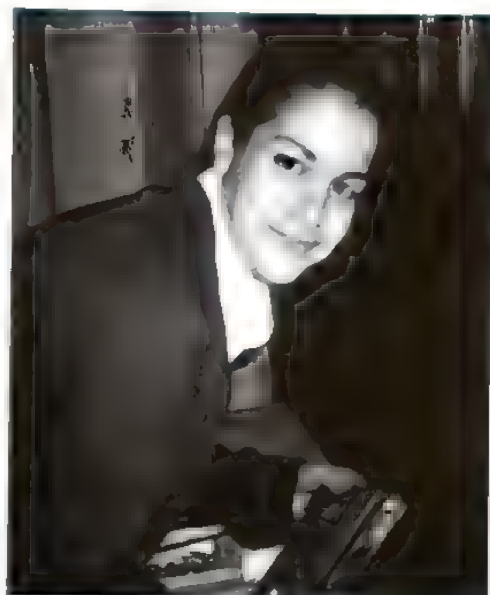
Faith Vickers

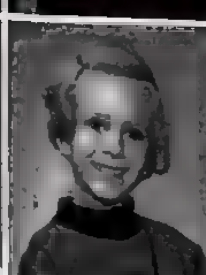
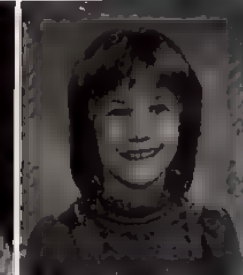
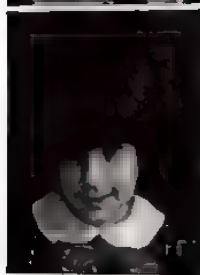
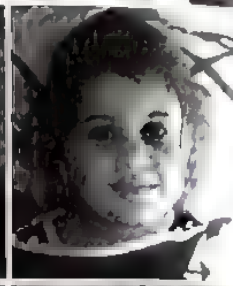
It has been a great 4.5 years at SHSM. Bananas. Laura: the door says push, not pull. "Mulder" is so cute! Meghan: Did you watch the X-Files? Faith-ball, Scully. Are you going to eat that? Anne-Marie: It has been great taking the train with you! Krystyna: I have enjoyed going to Keene with you and your family. Thanks everybody!

Andrea Young

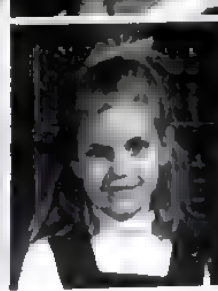
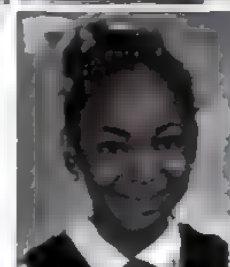
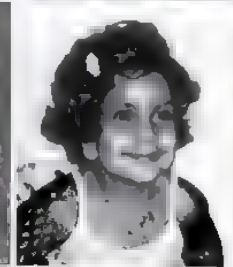
After school posse/ hair'n danish. Aristotle. Devoted to Bonjovi. note racing/ Bismarkians. avoir Donacona. intimidations. SWEET. A+10. leaf deck. FABULOUS. pinky swear. BoB. "mole". inward laugh. strat-spot. cigar break! laurier. torts office. DOGS DEAD, dazed, butterfly, mother! ICQ dates, dilettante, salsa, deepness. RUN THEY'RE SETTING UP CHAIRS!







pened???



MOST LIKELY TO

- Zohra: Take over the world and make Freddie Prinze Jr. her personal slave
- Caroline: Become the next big supermodel and be the "Gwyneth Paltrow" of the year 2000.
- Maeve: Overdose on hypeness.
- Lindsay: Marry Sean Mason
- Debora: Finally get her driver's licence, but still show up late at a party after having to make that last stop at Benetton
- Michaela: Become the next heavy weight champion
- Elissa: Star in the remake of "Clueless".
- Gayle: Go to jail for beating her husband and pout all the way there.
- Rowena: Be reincarnated as a little Rowen tree on a grassy knoll.
- Christine: Marry Till Lindman and have an affair with Marilyn Manson.
- Sharma: Convert to Shamanism.
- Meghan: Find the truth that is out there.
- Alex: Live with Simon in Barbie's dream house.
- Mare: Become a lawyer and sue for psychological damage.
- Sophia: Wet herself while making "The Face" at little children
- Liza: Join the WNBA and star in the remake of The Fresh Prince of Bel Air.
- Pinky: Spend money.
- Alison: Watch Baywatch and take no responsibility for accidentals
- Michelle: Be obese
- Lisa: Make random irrelevant comments
- Liz: Win a "Chunky Shoe Contest" and become the next Spice Girl
- Tania: Reduce everyone's name to a monosyllable.
- Laura B: Have too many Grad dates
- Jen: Bite off her finger eating cooked broccoli.
- Maranne: Drown in her own deepness.
- Kelly: Overeat pizzas and have to be taken to the hospital screaming "I'm not ugly!"
- Tiffany: Have a string of male concubines.
- Reetika: Have 23 children, live in a colonial, have 2 cars and come back every year for the Alumnae Dinner
- Isabel: Be fat, outdated, gel-free and sing Shama....
- Anne-Marie: Be a little German boy for the rest of her life.
- Kate: spend the rest of her life in a tee-pee in Keene, spazing and brushing her hair.
- Sabrina: Open her own Rice Krispies factory.
- Teresa: Be content sitting in a rocking chair solving her own problems and laughing at her own jokes.
- Tanya: Procrastinate and slack off her entire life
- Zari: Morph into a horse and carry Silverchair off into the sunset.
- Mariana: Become a policewoman.
- Natasha: Poke someone's eye out with her nails by accident.
- Lala: Hurt herself laughing.
- Carolina: Move to Italy, marry the head of the Mafia and bathe in all her
- Meagan: Get bit by a swan, make a literary allusion to The Lord of the Flies and complain the life is "sketchy"
- Tamara: Move to Australia and marry a cross between a donkey and a le
- Jess: Room and board at St. Mary's.
- Laura S.: Hear a joke at lunch and still be laughing about it at 3:05.
- Faith: Marry "Mulder" and replace Gillian Anderson on The X-Files
- Andrea: Buy the apartment across from school and fill the balcony with dogs.
- Angela: Rename her home country from Ghana to MY COUNTRY.
- Ayesha: Become a doctor... Dr. Baig.
- Olivia: Walk out of class when getting yelled at by a teacher.
- Krystyna: Ski up a hill.
- Mana C.: Live in a shack in India as a volunteer and as an advocate for Green Peace.
- Mieka: Give out deliberate attitude.
- Linda: To frolic amid beautifully bright flowers, thinking happy thoughts while overdosing on PEZ.
- Sam: To complain about her ex-boyfriend and criticize how guys stink.
- Alexandria: Meet Courtney Love while making a cameo on The Simpsons then forget to tell anyone.
- Pamela: Be arrested for stalking her favourite boy group after claiming they told her they'd "never break her heart".
- Nora: Marry a "Turk" and live in the jungle.
- Julie: Marry Peter, move to Florida, get divorced and decide that shopping is the answer to her every problem.
- Justine: Put out a cover album imitating celebrity divas enthusiastically.
- Stefanie: Love every guy in Mo West, but never settle for only one.
- Debora: Pierce every part of her anatomy before returning to Brazil.
- Maddy: Be an underrated genius in denial.
- Taha: Live in Japan and feast on sushi for Ever After.
- Laura M.: Give the cheapest hugs.
- Ginny: Go on vacation with all her luggage packed with make up.
- Aisling: Move to Kamp Kanawana, smiling, singing and hugging everyone she meets.



GRAD CEREMONY

Grad



Top:

The whole grade in the reception room before going to the hotel.

Bottom:

Caroline, Maeve, Liz, Pamela, Zehra'a, Natalie, Alexia and Carolina.



Night



Top Left:

Sophie, Liza, Angela, Gayle and their dates pose as they leave to go to Sacred Heart.

Top Right:

Michaela and Michelle take time for a picture as they enter the hotel.

Bottom Left:

Linda, Maddy, Aisling and Marie at the hotel.

Valedictory Address

Today, I stand here representing the last graduating class of this century. As a song once said: "We saved the best for last."

Now, as we leave Sacred Heart, we take with us more than the habit of dressing in uniform every morning. We take with us the memories of Café Kular cheesecake, retreats, carnivals, walk-a-thons and a sense of pride in all that we have learned, ready to face whatever the future may bring. However, our education extends beyond books. We have learned the true value and importance of helping our communities through teamwork, communication skills, and a sense of compassion.

Of all we have acquired during the past five years, the most important gifts are the friends we have made. I speak for many when I say that I have been fortunate to have spent my high school years with such wonderful, witty, smart and creative people. Good friends such as these are hard to find and it is rare to find so many at once. I have shared many secrets and tears and much laughter with these friends. Being with them always brought out the best in me.

In the same way, some people, both teachers and students, challenge us and in their own way, brought out the best in us. They tested our patience at times, disagreed with us and ultimately, they have helped make us stronger.

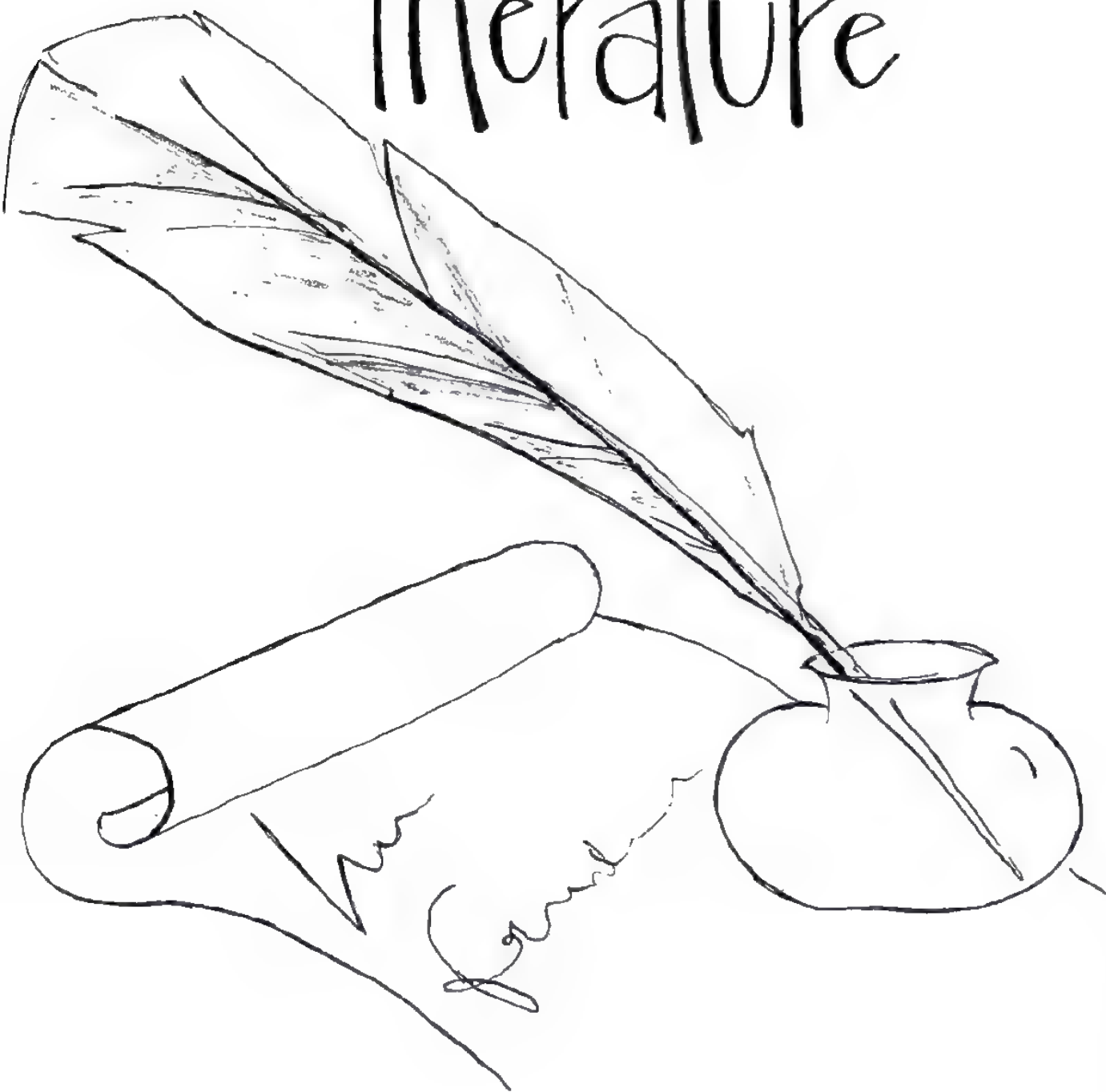
Tennyson once wrote: "I am a part of all that I have met." And so, the Sacred Heart community, including the students, administration and faculty who love what they do, have become a part of each and every one of us. I would also like to acknowledge that we would not be here today without the encouragement and love of our families.

To the graduating class of '99, high school would not have been the same without you. As we leave, it is difficult to find the right words to describe this lifetime experience. Sacred Heart's particular quirks and traditions will leave us with the best memories.

"So now we're standing face to face. Isn't this world a crazy place? Just when you thought our chance had passed, we went and saved the best for last." We will always be able to look back fondly and remember with pride that we were the graduating class of '99.

- Emily Seng Yue

art ^{and} literature





Amusing abuse

*I win a much-awaited-for walk with you
and you discreetly but purposely splash me,
you step into all puddles.
it's enough for me to know that you're still
playing.
you'll forever be playing,
with my head.
you don't need to stomp,
just step.*

Art and Poetry by Caitlin Reid

Mirror Image

*she peers
grimacing,
loathing what she sees.
it's not my fault,
I'm only a mirror,
reflecting what I see before
me.
"my nose is too big,
my hair, too wavy,
I'm too short,
too fat..."
she pokes at her face
dissatisfied,
critical of every feature.*

*'What can I do but
show her a mirror image?
mirror, mirror
on the wall..
she looks to me
every day,
searching,
yearning to find
beauty from outside
but how do I show her
how to search inside,
beyond a mere image.*

Emily Seng Yue



Tears of Love

*She waits for him in the quiet darkness,
The window against which she leans is cold and
uninviting.*

*No shining light to direct his path
But, yet, he runs to her wholeheartedly.*

*Steadily approaching steps are molded by desire,
She watches his silhouette move across the wall.
The sheet of ice which envelops her melts away.
His warm breath is upon the nape of her neck.*

*His tender caress brings colour to her pale cheeks,
Passion rises and bursts like a newly-bloomed rose.
The strength of his embrace is reassuring,
She falls into him completely.*

*Now two bodies become one,
They move to the rhythm of united heartbeats.
These moments of sweet surrender are trapped in
time,
These moments will never be forgotten.*

*His lips so pure against her own,
Every ounce of beauty shining through his eyes,
They touch the current of love deep within her.
Sighs of undying pleasure are wild.*

*When their tumultuous journey comes to an end,
When he has explored her as one does a new land,
She tastes the saltiness of her tears.
Tears sprung out of a consuming and indescribable
passion,*

Tears of love.

Carolina Pansera



Zari Kazandjian

Horses

horses
see how they run
away

you left
wandering again: mind
preoccupied with
thoughts of cannibalistic marsupials
(or something of the sort)
i wondered where you were
of course
i had no way of finding out
the words we spoke were few
bare shreds of information
enough to appear civil without compromising ourselves

they laughed with you
and i stared
outside
i longed for the warmth
slowly became angry: just as
slowly began to cry

you carry a box under your arm
full of dreams
perhaps mine
never really taking time to care
for my strength
or anyone else's
oh so accurate, always
hit the needle on the head

horses
see how they fall
in the sand

Marie McDonough



Maeghan Andrew

Evil

"O what a goodly outside falsehood hath!"
The Merchant of Venice, by William Shakespeare

I am a misty sea
full of vengeance
and hate.
The Love within
has withered away.
I am a bunch of tattered
lace.

Innocent and young
I once was.
I held the joys of life
within my eyes,
a vase with eternal
space.
Then someone came and shattered it.

I am a bitter fruit
ripe and gleaming.
One single bite and you shall see,
the emptiness that is me.

For if pain is weakness leaving the body,
then I am the sponge that absorbs
this delight

The boldness of this world has made me old.
The body of a child, a heart
but no soul.

Smiles are merely ornamental.
A laugh just a long lost echo
down a hall with no doors.
There are only whispers
on these empty shores.

A Rose so crimson you will never see.
Beauty is but a fragile image,
pick up the Rose and you will see,
the red is only what you bleed.

For I exist,
I am everywhere.
My eyes are now upon you
For I am part of what you are.
My blood runs through your skin
I bet you did not know I was already in.

Helen Arceyut-Frixione

My Cardboard Box Days

We hear the screech of stopping brakes and rush outside to see what has come for us. Actually, it's really for our parents. The delivery man wheels out the precious cargo very carefully. We await our treasure with anticipation. Our eyes are filled with anxiety. But questions rush through our heads. Will our parents give it to us? How will we take care of it when it rains? What if it's too small? Finally, it's time to tell them our request, but who will ask them? I volunteer. So with all my courage, I walk up the stairs to the house and ring the doorbell. My neighbour appears in the doorway. "Once you're done with it, can we have it to play in?" I ask with uncertainty. Her response is "Yes". She comes back out and hands us what we consider to be "a child's riches". It is the BIGGEST, BROWNEST and most BEAUTIFUL cardboard box you will ever see!

So this is how I spent many of my childhood days: running around with my neighbourhood friends pretending that the unwanted refrigerator box was really our castle decorated with flowers and stars, by the little hands of three seven-year-olds.

Our parents could never understand why we insisted on keeping the overgrown box and would always try to persuade us to throw our kindgom away.... but we fought until the end to keep it.

Five years have passed since then but I still have vivid memories of those times. Now, whenever I see a box, whether it is big enough to be the space ship of a six-year-old or small enough to contain a child's most valuable marble, I go back to the days of my childhood when a simple box could take up hours of my imagination. I will never forget my cardboard box days!

Christina Sauro

the fall

how many times
have i
tumbled
through thin air
just like
so many
expired leaves
with nothing

(more)

to add
with no
beauty left
to share
splitting the silence
with one last
breath of
hope
to fly

knowing that
no answers
will be whispered

(just wind)

unsure where
the hands of
haphazard skies
will take me
each time
craving
somewhere
(far away)

linda doan

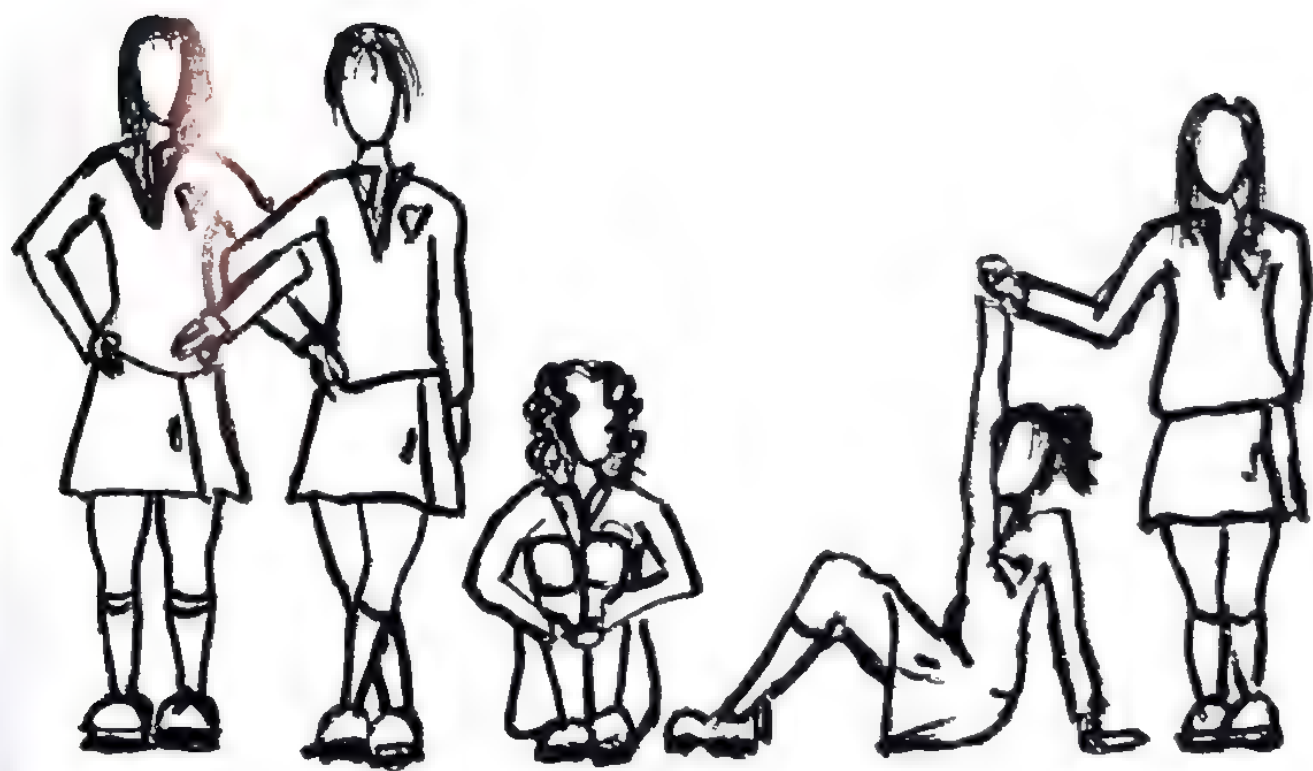




CANDIDS



undergrads



Secondary 1A

Meghan Andrew-Rotherdam
Elizabeth Biscotti
Rebecca Boucher-Hammaker
Emily Cholette
Vanessa Con-Manocchio
Amanda DeRose



Alexandra D. Con
Cynthia D. Gandomenico
Suzanna D. Gandomenico
Isabella Costanza Di Leo
Catherine Fernandes
Jadyr Finn



Anne Marie Fook Chong
Rita Fotini
Kanna Fraschetti
Stephanie La
Christine Layden
Sacha Lee



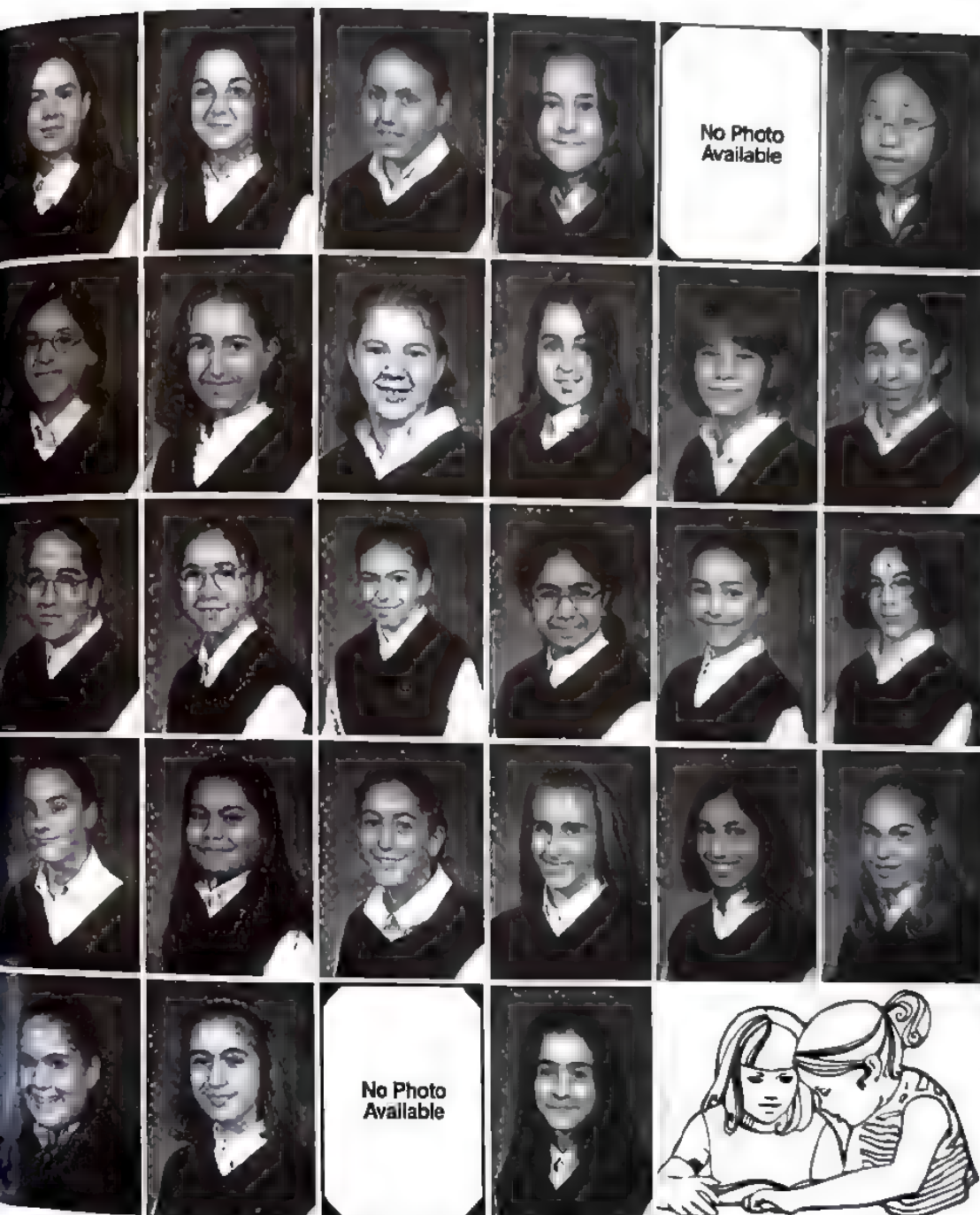
Celia Lombardi
Amanda Parry
Diana Peronace
Sophia Protzopoulos
Elyse Quesnel
Amanda Rassi



Natasha Siao Vee Sin
Sophia Teixeira-Craostomo
Nancy Townsend
Tara Wong



Secondary IB



Stephanie Alexander
Tania Aquino
Amanda Talar
Gabrielle Gadioux
Kathryn Savarotta
Christine Ka-Hing Chan

Sabrina Colonnello
Alexandra Greyer
Kaitlin Louise Orlin
Alyssa Esposito
Emily Howard
Kathleen Koulos

Natalie Kushner
Natalasha Laszchuk
Marilyn MacKenzie
psita Madan
Aria Menon-Charet
Vivian Peronis

Melanie Portugal
Radhika Podaval
Pamela Rotondo
Christina Sauro
Anuradha Sharma
Serena Tefiro

Alicia Troli
Christina Vani
Georgia Vennobis
Christina Zeppetini

Secondary IC

Kristine Botek
Emma Ceruti
Claudine Courtes
Christine D'Asciano
Olivia De Totto
Linda DiPalma



Catherine Evans
Natasha Forques
Laura French Bourgeois
Panagiota Gikas
Ter Caroline Hatzinastidis
Evelyn Hatzinastidis



Elisabeth Lantosh
Liana Leone
Meagan Malone
Aviva Masella
Alys McDonough
Amanda Pagnell



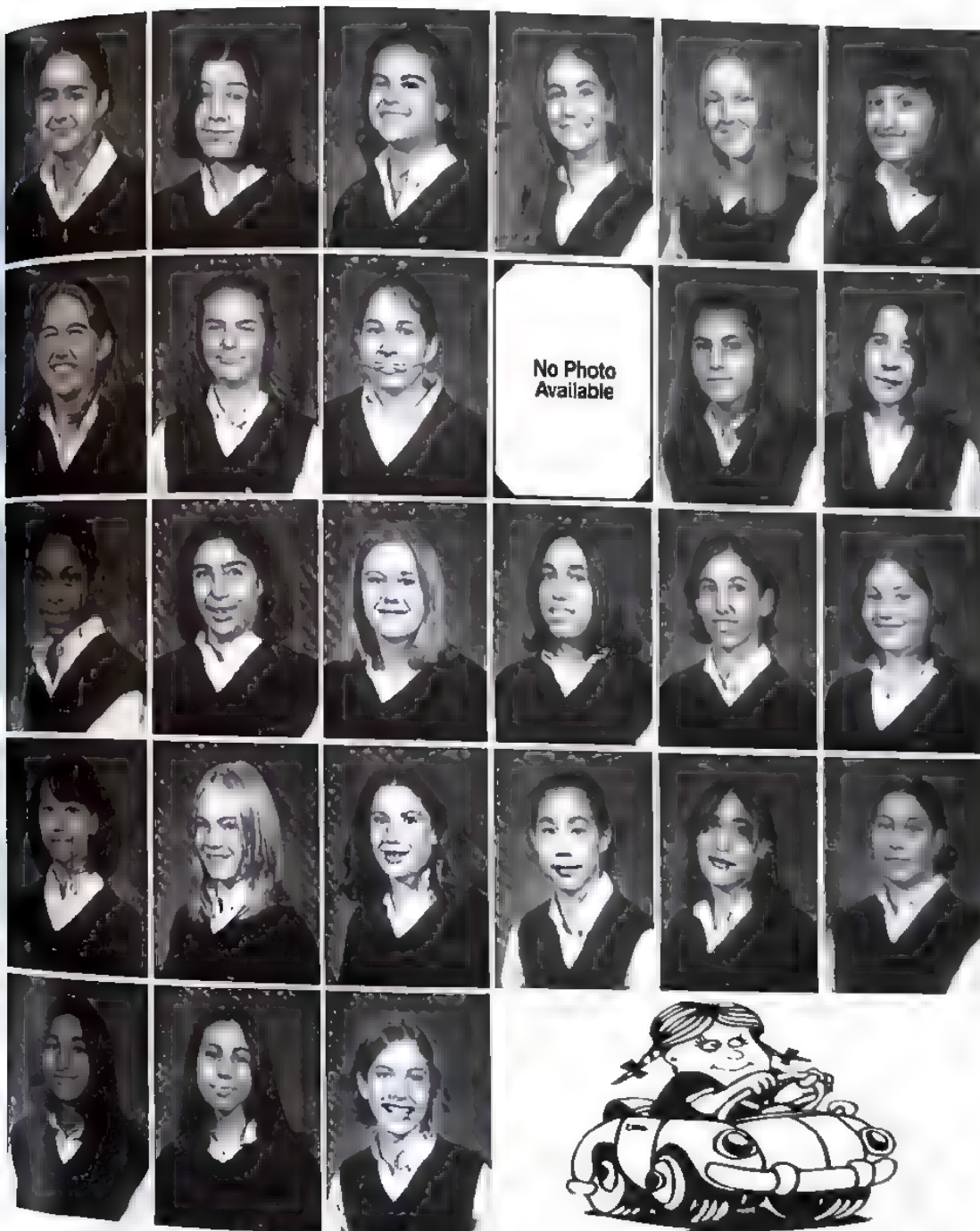
Genevieve Portugal
Meaghan Rath
Elizabeth Rusoto
Stephanie Smith
Nanor Tabakian
Erica Tiseo



Amanda Varano
Christina Zakem
Sarah Zullo



Secondary IIA



Gindy Aguilar
Sara Alves
Lydia Anter
Alexandra Barnabe
Shirley Brown
Tanya Castano

Vanessa Clarke
Jennifer Elridge
Claudia Gerardo
Jacelyn Guy
Anna Hatzinikolaou
Enca Henriquez

Summer Marie Joseph
Catherine Kinty
Christina Little
Julia Lo Basso
Natasha Maorano
Jennifer Mayo

Meissa Quinto
Amelia Sargisson
Erin Savage
Lisa Sew
Jana Shamsa
Stefania Simeone

Luxmie Srikandaram
Heather Townsend
Magda Woszczyk



Secondary IIB

Blair Adam
Simmi Awak
Evelyn Bourassa
Christina Broccoli
Sabine Buertke-Shirfzin
Tina Cook



Alexandra De Souza
Clara De Souza
Cynthia Fazzan
Iona Fournier-Tombs
Lisa Marie Henderson
Sarah Kemmerer



Aisha Khan
Anne Kuskowski
Pouchena Kyres
Lydia Lawrence
Stephanie Maurel
Marie Cecilia Menghini



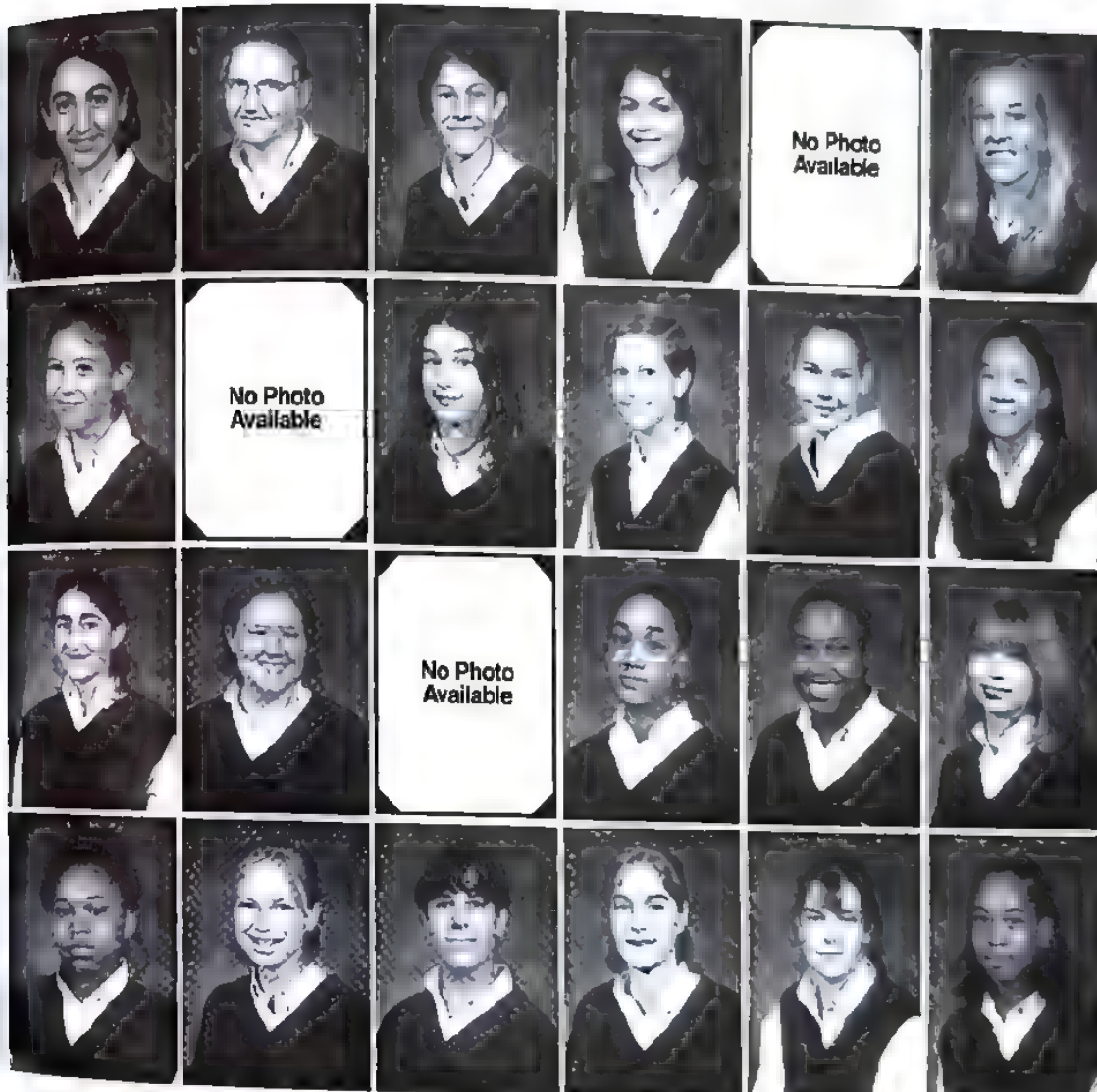
Katharine O'Brien
Erin O'Donnell
Clare Pollock
Shadini Ratheenthuran
Tanya Reda
Cathy Reiga



Francesca Rusco
Enka Tucker



Secondary IIC



Yvonne Anyanigbo
Celine Budge
Amanda Cavanah
Melissa Cunniff
Alexandra Cross
Natasha Cumberland

Kassandra Eberwein
Sabrina Garth
Christina Gelsos
Rajasa Marasymowicz
Genevieve Kennedy
Natasha Lam-Hung-K

Rodina Libran
Stephanie Markanar
Amanda Marzanti
Kymberly Ann Miller
Kyene Murrell
Sonia Reiga

Meagan Robinson
Maryann Rusnak
Laura Sacco
Natalia Schumacher
Christina Stolt
Annette Weekes



Secondary IIIA

Arveen Ahluwalia
Heather Anderson-Fraser
Tania Aza
Pamela Balfah
Tania Bishara
Lindsay Chanon



Melissa Colabellio
Tania Conca
Chiara Fohn
Caroline Hackman
Jennifer Hicks
Julie Lavia



Cynthia Lombard
Mynam Lucusano
Priya Maion
Mara Martinez-Gondra
Magda Medzybrodzka
Laura Ng-Ying-Kin



Christine Nicol
Stephanie Pascale
Kathryn Potvin
Nathalie Sam
Mi-Li Say
Stephanie Scalera



Secondary IIIB



Kelly Ann Abubakar
 Maryam Abubakar
 Maryam Abubakar
 Maryam Abubakar
 Maryam Abubakar
 Maryam Abubakar

Danielle Galt
 Pamela Galt
 Angela Galt
 Natasha Galt
 Allison Galt
 Catherine Galt

Emilee Galt
 Amanda Galt
 Jane Frances Galt
 Carina Galt
 Romina Galt
 Jia Galt

Catherine Galt
 Catherine Galt
 Linda Tan
 Jessica Wong



Secondary III

Olivia Brassard
Valeria Francesca Caruso
Cristina Dawesh
Sheena Davis
Sahana De Cristofani
Erika D. Belo



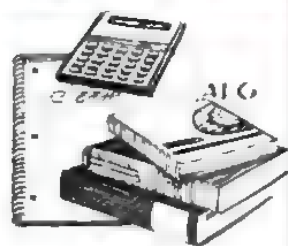
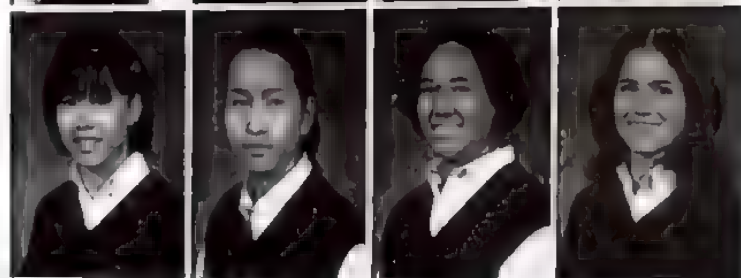
Tasia Ferguson
Kristen Lange
Laura Leone
Cynthia Leroux
Victoria Mandiarias
Alessandra Pansera



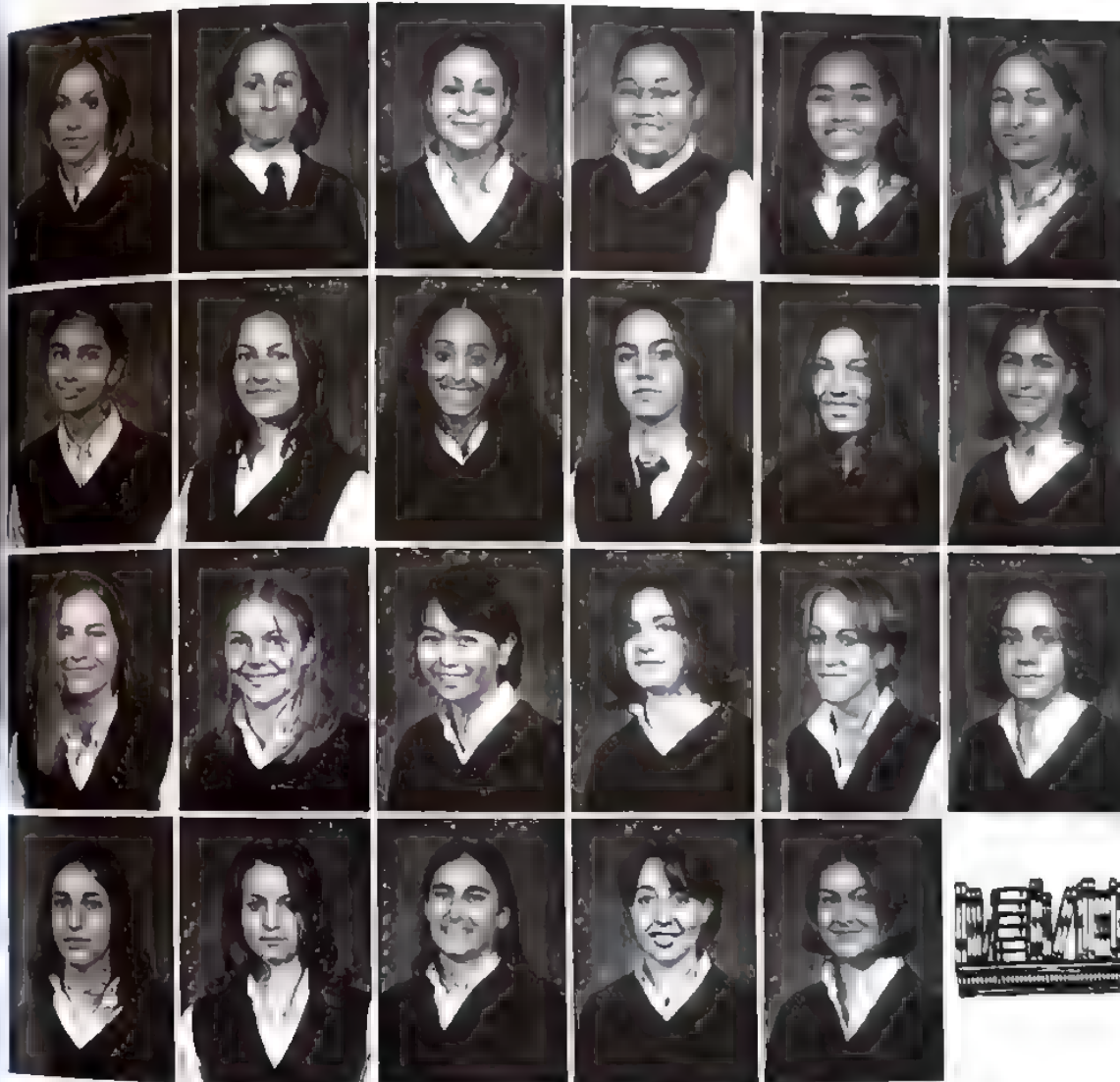
Manoj Pereira
Lyly Radmanovich
Monisha Sudarshan
Natacha Tardio
Vanessa Tardio
Jennifer Tessens



Christine Tran
Linda Tsang
Josee Ria Tuvila
Lailah Zardi



Secondary IVA

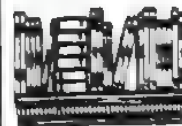


Jessica Abbey
Morgan Amelio
Jenonica Bagdoo
Kenna Burkhar
Jordyne Bustamante
Giulia Cavaglia

Kareena Coelho
Johnny Gento
Samir Joig
Alejandra Ganem-Cuerca
Anna Kamateros
Rae Kshly

Elizabeth Jabre
Joanna L'He
Karen Jo
Christina Maselli
Marta Lina Chmyk Luch
Kimberly Reis

Meissa Salvati
Lara Socciarelli
Miranda Stavros Eid
Liana Tassone
Jessica Van



Secondary IVB

Mariens Bono
Stephanie Caprara
Melissa Courssa Charley
Amanda D. Mayo
Kait Ferrett-Gallon



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Jennifer Gardner
Nadira Garuf
Tamisha Harris
Melissa Henco
Jessica Iann
Lisa Marie Knowlton



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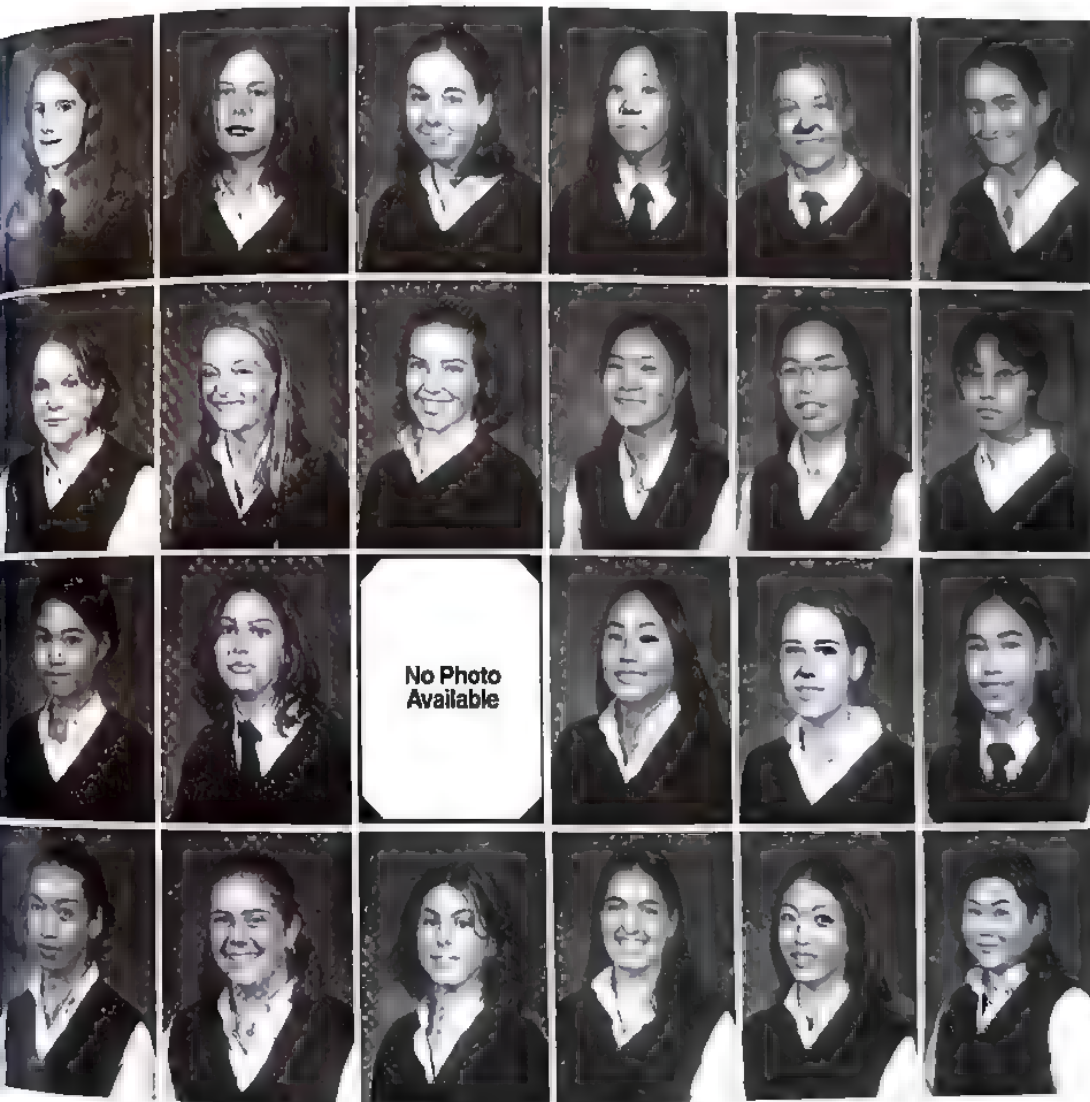
Gabriel Masse
Carolyn Mc Mahon
Michelle Oaten
Christina Pisciuneh
Meghan Pollock
Anna Sarkissian



Rebecca Schaffer
Julia Talaic
Vinosyan Vijayarajah
Judy Wong
Vera Maria Zissis



Secondary IVC

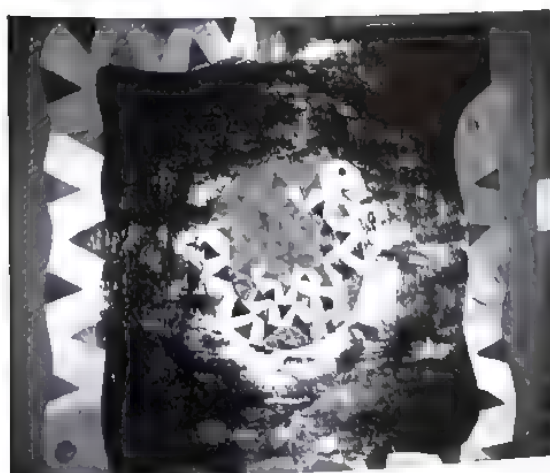


Julia Amigen
Angela Barbera
Jennifer Berry
Paulina Chan
Jennifer Cholette
Georgia Christopoulos

Stephanie Embraco
Eeondre Fiumer Torres
Jessica Jaxxer
Suk En Khoo
Caroline
Mira Linnell

Clarice Ma
Melissa Mancuso
Victoria Mannion
Elizabeth Mow
Stephanie Murphy
Thuy-Lan Nguyen

Hazel Pagnado
Nadia Pirmani
Cristina Rosato
Christine Saykaly
Angela To
Ginger Yee-Sui-Chun





CANDIDS



Sports





Field Hockey

The 98-99 field hockey season was a very successful one for the home team. With the help of their great coaches and their amazing goaltender, they won gold medals and brought Sacred Heart its first field hockey GMAA Championship banner. During the playoffs, they defeated Hudson High in the semi-finals, and with that victory, moved on to the finals, where they would meet Beaconsfield High. They played a hard-fought game and beat Beaconsfield 1-0, on a goal scored by Jessica Ianni. Congratulations to all the players who helped the team win gold.



From the expression on her face, you can tell that Angela Alberga just used a tremendous amount of force to hit the ball down the field. And it looks as though Stefanie Khoury is ready to receive the great pass.

Top Row: Stefanie Khoury, Claudine Courty, Cristina Rosato, Angela Alberga, Jessica Ianni, Stephanie Smith, Erica Tiseo, Jennifer Tessier, Michaela Côté, Sharma Joseph, Michelle Samuels.
Middle Row: Lydia Anber, Evelyn Hatzithodorou, Peggy Gikas, Katie Dupont, Jill Sample, Christina Little.
Bottom Row: Vanessa Clarke, Emily Sengue, Stephanie Maurel, Julia Hurtsfield-Meyer, Laura Snell, Sabrina Fabian.
Goaltender: Helen Arceyut-Frixione.
Coaches: Ms. Arvanitakis and Ms. Thomas.



Laura Snell, Jessica Ianni, and Sabrina Fabian run up the field.



Stef and Emily running up the field ready to beat the opponent.

Basketball

Top Row: Claudine Courey, Roubina Liberian, Tania Aquino, Clare Collock, Meagan Malone, Arianne Weekes, Celia Lombardi, Stephanie Markarian.
Bottom Row: Christina Zakem, Marilyn MacKenzie, Natasha Lam, Nicole Arvanitakis, Rebecca Boucher-Hammaker, Evelyn Harthomas.
Coaches: Ritou Maloni and M. Gill.

Midget



Top Row: Jane Parayno, Natasha Tardio, Blair Adam, Melisa Colabella, Catherine Snell, Vanessa Tardio, Catherine Han.
Middle Row: Amanda Nami, Stephanie Scalera, Priya Maloni, Linda Tsang, Lisa Sew.
Missing: Cristina Darwish.
Coach: Mrs. Cumming.



Bantam



The Bantam Basketball team poses for a group picture before a game.

Juvenile



Top Row: Rebecca Schaffer, Jessica Scalera, Julie Hurtsfield-Meyer, Justine Keyserlingk, Alejandra Ganem-Cuenca.
Middle Row: Ginny Ng-Kan, Gayle Dulay, Melissa Herico, Jocelyne Bustamante, Hazel Paginado, Liza Palas.
Missing: Kalifi Ferretti-Fallon and Julia Talajic.
Coach: Sarah Neeff.

Soccer

Bantam



Top Row: Elyse Quesnel, Amanda Cavaleri, Natasha Lam Heng-Ko, Emily Cholette, Rebecca Boucher, Amanda De Rosa, Meghan Rath, Meagan Malone, Amanda Barle
Bottom Row: Venessa Cori, Celia Lombardi, Melanie Portuga, Elizabeth Biscotti, Geneviève Portuga, Amelia Sargisson, Magda Woszczyk.

Missing: Kathleen Koufos, Natalie Kushnir, Aviva Masela, Clare Pollock.

Coach: Ms. Vaupshas.

"We had a very succesful season, making it all the way to the semi-finals. We hope that with our newly acquired skills, we will bring home a banner next season."

Meagan Malone

Midget



Top Row: Cynthia Cipolla, Cynthia Lombardi, Melissa Colabella, Lindsay Charron, Angela Gillis.

Bottom Row: Stefania Simeone, Catherine Snell, Lyla Radmanovich, Stephanie Scalera, Alicia Troli, Rita Forlini.

Missing: Blair Adam, Alexandra De Souza, Mary Ann Rusnak, Erin Savage, and Arianne Weekes.

Coach: Mrs. Dawn Cumming.

Juvenile



Top Row: Carolyn McMahon, Caroline Balcar, Jessica Vanni, Julia Talajic, Miranda Stavrides-Eid.

Second Row: Reetika Chawla, Tamisha Harris, Angela Ampadu, Sophia Otchere.

Third Row: Jennifer Cholette, Mariana Maletskas, Julia Fazzari, Nadia Primiani, Gayle Dulay.

Missing: Julia Ahlgren, Tania Conca, Jinny Conte, Lindsay Coughlin, Christina Dawish, Michelle Oaten, Alessandra Pansera.

Coach: Mr. Martin Laperle.

Volleyball

Top Row: Kylene Murrell, Sarah Kemerer, Erika Tucker, Lisa Marie Henderson.
Bottom Row: Melissa Quinto, Jaclyn Finn, Serena Trifiro, Natasha Laszchuk, Georgia Vrinotis.
Missing: Sara Alves, Elizabeth Lantosh.
Coach: Linsey Serone.

"All team members are thankful for the time and effort our coach Linsey Serone put into teaching us teaching us the skills we needed to win!"
 Kylene Murrell.

Midget



Top Row: Pauline Chan, Christina Getsio, Linda Tan, Olivia Brassard, Meagan Armutage, Priya Maloni, Vanessa Tardio.
Bottom Row: Lisa Sew, Caroline Lai, Tania Azar, Natasha Tardio, Kelly Abdelhay.
Coaches: Mrs. Dawn Cumming and Canadian Tan.

Juvenile



Linda Tan focuses on the ball as she prepares to toss a serve to the opposing team.



Top Row: Marianne Brassard, Madeleine Macdonald, Justine Keyserlungk, Rebecca Schaffer, Natasha McPherson, Amanda Smith-Barrett.
Bottom Row: Gabrielle Masse, Hazel Paginado, Pinky Patel, Ginger Yee.
Coaches: Mr. Peter Kousik and Ms. Carmen Antonini.

Badminton



Midget



Bantam: Serena Trifiro, Genevieve Portuga, Alia Manon-Charest, Natasha Laszchuk, Amanda Rassi, Alexandra Crevier, Meaghan Rath, Elizabeth Biscotti, and Jaclyn Finn.

Midget: Stephanie Scalera, Pamela Battah, Linda Tan, Katie Dupuis, Lyla Radmanovich, Caroline Hacikyaner, Kalifi Ferretti-Gallon, and Sabrina Fabian.

Juvenile: Julie Hurstfield-Meyer, Emily Seng Yue, Olivia Bitton, Tania Battah, Jessica Scalera, and Rebecca Schaffer.

Coaches: Ms. Vaupshas and Leslie Hattem.

Congratulations to Emily Seng Yue and to Julie Hurstfield-Meyer who won gold medals for doubles in the Juvenile category!

Bantam



Top Row: Ipsita Madan, Natasha Siao Vee Sin, Summer-M Joseph, Tanya Castelino, Natasha Laszchuk, Christine Chan
Bottom Row: Sharlini Ratheenthiran, Serena Trifiro, Elizabeth Lantosh.

Coaches: Ms. Vaupshas and Sarah Gales.

Top Row: Kristen Lange, Lyla Radmanovich, Thuy-Lan Nguyen, Elizabeth Labrie, Christine Saykaly, Pauline Chan.

Bottom Row: Tanya Reda, Caroline Lai, Linda Tan, Kate Dupuis.

Coaches: Ms. Vaupshas and Sarah Gales.

Tennis



The tennis team takes a time out from their practice to pose for group picture.

X-Country Skiing



Skilers: Mi Li Say, Josee Tuvida, Michelle Saykaly, Madeleine Macdonald, Micheala De Beaulieu Cote, Aisling O'Gorman, Caitlin Reid

Missing: Alexandra Lauzon and Jill Sample

Coach: Michael O'Gorman

Congratulations to the Cross Country Ski Team for a great year, especially to Aisling O'Gorman who placed sixth in the midget category. In juvenile, Michelle Saykaly won the bronze medal, Madeleine Macdonald placed fourth and Caitlin Reid earned a sixth place finish to end off the season.

X-Country Running



The Cross-Country Running team had one of its best years. Catherine Snell, Blair Adam, and Danielle Dufort placed first, second, and third, respectively, in the midget category!

Top Row: Helen Arceyut-Frixione, Natacha Tardio, Myriam Luccisano, Jennifer Hicks, Caroline Hacikyner, Anna Sarkissian, Vanessa Tardio.

Middle Row: Maria Catalano, Nathalie Fazzari, Elissa De Souza, Nora Gunjian, Danielle Dufort, Catherine Snell, Blair Adam, Chiara Forlini, Magda Miedzybrodzki, Christine Chan, Cynthia Di Giandomenico.

Bottom Row: Laura Magizi, Anne-Marie Christoffersen-Deb, Tanya Kahawita, Sacha Lee, Stephanie Lai.

Missing: Zehra'a Al-Roubaie, Maeve Brooks, Marie McDonough, Kimberly Reis, Arveen Ahluwalia, Sheena Davy, Parmal Gahunia, Carolina Martinez-Gondra, Christine Nicol, Alexandra Di Cori, Sarah Zullo.

Coach: Mrs. Cochrane.

Swimming



Bantam: Stephanie Alexander, Claire Bider-Hall, Emily Cholette, Alexandra Crevier, Olivia Del Torto, Natasha Forgues, Christine Layden, Meaghan Rath, Erin Savage, and Alicia Trolie.
Midget: Helen Arceyut-Frixione, Olivia Brassard, Lindsay Charron, Tania Conca, Stephaine Embriaco, Nadia Primiani, and Katherine Sullivan.
Juvenile: Marianne Brassard, Jennifer Cholette, and Ginger Yee.
Coach: Chloé Brassard.
Supervisors: Mille Young and Mme Arnaud.



Meaghan Rath, Emily Cholette, Stephanie Alexander, and Olivia Del Torto take time out from their grueling meets to pose for a picture.

Softball



Marianne Brassard poses with a former student at a swimming meet.

Top Row: Anna Kamateros, Pamela Battah, Joey L. Linda Doan, and Tania Battah.
Bottom Row: Caitlin Reid, Krystyna Bruce, Vicki Vickers, Jessica Wong, Jennifer Elvidge, Kristen Layden, and Catherine Sullivan.
Missing: Vera Zissis and Jessica Abbey.
Coaches: Ms. Martel and Mr. Hammett.

Track & Field



The track team had a very good season. In fact, many of them who competed in the Montreal Regionals placed in the top five positions. Sarah Zullo finished second in both the 200m and the 60m hurdles. She also placed fifth in high jump. Meaghan Andrew placed fifth in the bantam long jump. She will be competing in the provincials. Vera Zissis finished second in the midjet long jump and she will be competing in the provincials. Jane Parayno placed fifth in both the midjet discus and shot put. The bantam relay team, made up of Sarah Zullo, Natasha Siao Vee Sin, Meaghan Andrew, and Marilyn MacKenzie, finished third. The juvenile one included Melissa Herico, Eleonore Fournier-Tombs, Elizabeth Low and Hazel Paginado, and finished second.

Bantam: Meaghan Andrew, Christine Chan, Emily Cholette, Amanda DeRosa, Rita Forlun, Marilyn MacKenzie, Meagan Malone, Magda Miedzybrodzki, Diana Peronace, Natasha Siao Vee Sin, Erika Tucker, Tara Wong, and Sarah Zullo.

Midjet: Pauline Chan, Jennifer Hicks, Caroline Lai, Myriam Luccisano, Stéphanie Laurel, Thuy-Lan Nguyen, Jane Parayno, Angela To, and Vera Zissis.

Juvenile: Eleonore Fournier-Tombs, Melissa Herico, Elizabeth Mow, Hazel Paginado, and Anna Sarkissian.

Coach: Mrs. Cumming.

Football



Top Row: Lindsay Charron, Jennifer Cholette, Tania Azar, Cynthia Cipolla, Julia Talajic, Sophia G. Jere, Angela Gillis, and Alicia Trolis.

Bottom Row: Faith Vickers, Krystyna Bruce, Emilie Laurin, Angela Anpadu, Meagan Armitage, Bernice Snell, Erin Savage, Jane Parayno, Meaghan Rath, Maryann Rusnak, Elizabeth Biscotti, and Sophia Teixeira-Crisostomo.

Missing: Blair Adam, Marilyn MacKenzie, and Serena Trifiro.

Coaches: Mr. Cumming and Mr. Charron.



Sarah Zullo and Emily Cholette race to the finish line in the Bantam 200m.

This year there were two football teams. There was a jamboree team for those whom this year was their first time playing football. Being part of this team gave them a chance to get to know the sport better. There was also an actual football team that was comprised of experienced players and any Secondary III students who were on the jamboree team. The students who belonged to the actual team have their names italicized.





Girls For The Cure

On September 11, 1998, the Sacred Heart girls joined their sister schools in walking to raise funds for breast cancer research. On this bright and beautiful day, we sang all the way up to the lookout on Mount Royal. Sacred Heart as an individual school raised approximately \$18, 000; together, the five sister schools raised approximately \$70, 000. Thank you to all the organizers and sponsors!



We're the girls for the cure and we're having a good time with the people we meet down on the line...



Get, get, get on down; I said get, get, get on down.

Do you enjoy what you do? Because if you do then walk 'cause Sacred Heart we rock!



I've got Sacred Heart Credibility.

I say research needs me. Cancer's our cause and we agree! Rain or shine we're going to walk. . .



Trip to Québec City



Lydia Anber and Natasha Mairano manage a smile, even on the bus.



Magda Woszczyk, Jennifer Malo, and Cathy Religa, caught in a friendly hug.



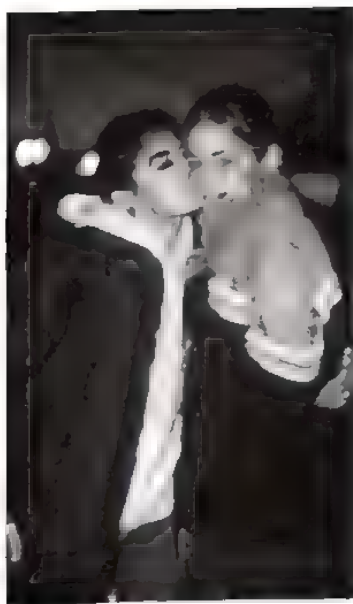
Chloe Boone, Kylene Murrell, Cathenne Kishfy, Summer-Marie Joseph, Stéphanie Maurel, and Claudia Gerarduzzi stop for a picture after shopping along the cobblestone streets of Quebec City.

On the 21 of September, the secondary two students went to Quebec City to learn about our magnificent province, accompanied by the French department. Arriving at the capital, the students visited the Plains of Abraham and had the pleasure of a boat ride. Summer-Marie Joseph wrote that: "l'activité que j'ai le plus aimée était le film Québec-Expérience." In the afternoon the students visited the city. Alexandra Barnabe wrote: "qu'elle a bien aimé sa journée à Québec et qu'elle espère y retourner."



Down The

After a late departure we left Sacred Heart with awaited anticipation. Ten hours later, we arrived at the Stratford Festival Inn. Later we saw *Much Ado About Nothing* and the next day we watched *The Miser* and *Man Of La Mancha*. After a party in the "suite", we returned to our rooms before the "security precautions" were taken.



Stef and Mariana on their way to Tim Horton's for French Vanilla coffees.



Chloe, Amanda, Barbara, Michaela, Alexandra and Marianne taking time out of their busy schedules to capture the moment in a picture.

Stratford Lane



Krystyna and Katie always smiling big in the warm Stratford breeze near the Festival Theatre during free time.

Aisling, Allison and Mieke all smiles, grateful that they are off the bus and eating in the hotel. Cheers to Stratford!



Maeve, Carolina, Ayesha and Zehra'a are caught sneaking Mc D's after hours.

Carnival

Carnival this year was held from February 4 to 6. On Thursday, February 4, we went skiing and tubing on the mountain. The next day we had Junior and Senior days, where we had a great time playing games, doing karaoke and eating. On Saturday the always appreciated Carnival Dances were held at Loyola. Many friendships were created and renewed. We enjoyed being with students from Villa Maria, QAA and Loyola, and we all eagerly await next year's carnival.





THIS PAGE

top:
Sec. IV's enjoy
karaoke

middle:
a few Sec. V's
pose for a
picture

bottom:
two Sec. III's
contemplate their
food



PREVIOUS PAGE:

top:
Sec. V's at
supper

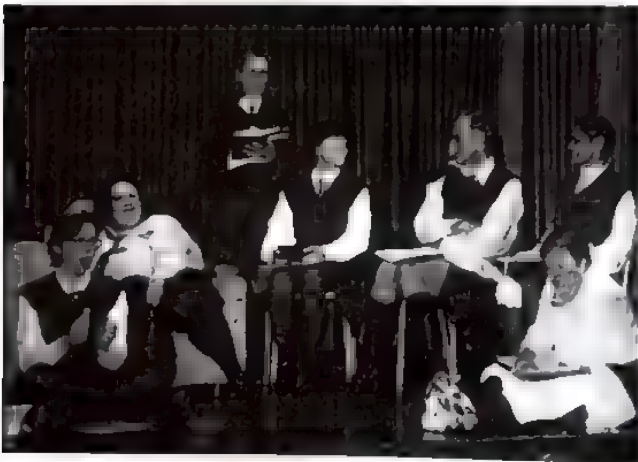
bottom left:
Cristina and Jen
pose

bottom right:
twister



Dashabustadd

The 1999 Dashabustadd show was filled with great performances. The most surprising was a thank you skit, in which 14 staff members imitated the prefects and expressed their gratitude for the entire Teacher Appreciation Week. Thanks to all the organizers.



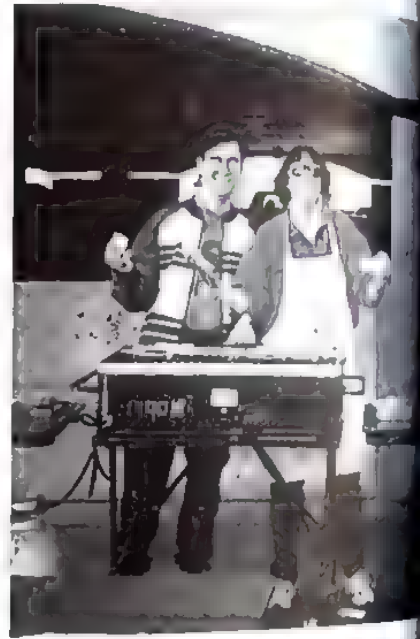
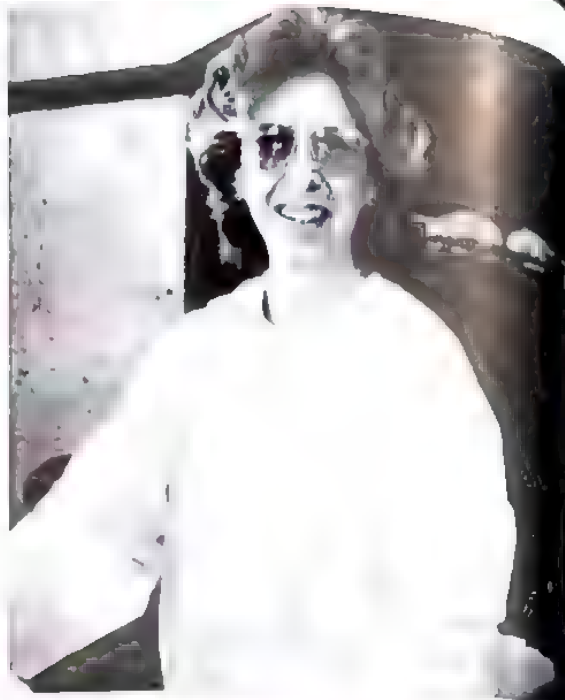
1999



The Acts

- 1-Everybody Dance Now
- 2-CHS Crew
- 3-Un Amico
- 4-Hawaiian Dance
- 5-Romeo & Juliet
- 6-Buffy Skit
- 7-Angel, Sarah McLachlan
- 8-Indian Dance
- 9-Possession, Sarah McLachlan
- 10-The Boy is Mine, Brandy & Monica
- 11-Angel of Mine, Monica
- 12-Britney Spears
- 13-Lean On Me

Ms Burns' Bye-Bye Barbecue



T O R O N T O



On the weekend of April 16 to 18, 1999, 18 girls, accompanied by Ms. Martel and a parent, went to Toronto to participate in the Independent Schools' Music Festival. After many hours of practising and shopping, we put on a concert with 300 other people in Roy Thomson Hall. We sang pieces ranging from the French-Canadian folk song *J'entends le moulin* to Verdi's *Chorus of the*

Hebrew Slaves. We all greatly enjoyed our experience. Thank you Ms. Martel and Mme de Villers.



"I Never Saw Another Butterfly..."



Secondary I Retreat



Secondary 3 Retreat



Secondary 4 Retreat



Secondary 5 Retreat

Our Last Retreat Together!



On January 14, 1999 the Secondary V's departed to St Jerome to have their last retreat. It was a sleepover filled with tears, warmth and happiness. *Beaches*, one of the movies we watched, evoked a lot of emotions as it opened our eyes to the realization of the power of friendship in our lives. Ms O'Neill made us all cry during the paralyturgy as we sat in candlelight listening to her say "You Are...". Our theme this year was The Power of One, and Angie, Sophie, Gayle, and Liza demonstrated it during one of our activities. Despite being snowed in, our retreat brought all of us closer as a grade. "We are shining through the darkness of the night...We are children of the light"





You Are.....

You are an amazing dancer
 When you smile, your eyes twinkle
 You can put Madonna to shame
 You take pride in working hard at your studies
 You are very outspoken
 You realized that there are great benefits in trying hard
 You seem like a very gentle person
 You seem to love your family very much
 You are so very honest and straightforward
 You are sincere
 You have brought a little Brazilian sunshine to us
 You are an amazing athlete
 You have intense eyes
 You are bright and sunny
 You are an individual
 You have a deep and soulful voice
 You are amazingly intelligent
 You are quiet
 You seem like a loyal friend
 You, I never had the privilege to get to know
 You write poetry that touches my heart
 You always say exactly what is on your mind, despite what others may think
 You are what I wish I had had the courage to be when I was a teenager
 You are still the same good natured girl that you were in the fifth grade
 You are so very easy to tease
 You are a devoted friend
 You are very beautiful, inside and out
 You have an incredibly generous heart
 You are often quiet, but can say so much with few words
 You are a mystery to me
 You can always manage to steal the show, just by the expression on your face
 You are an animal lover
 You share your sweet voice with others
 You are a beautiful, graceful dancer
 Your strength during difficult times has inspired me
 You are quiet and gentle
 You once made it very clear to me just how much you love the beach!
 You are a lovable scatterbrain
 You and I share a bond, and you know that I'll always be there for you
 You have a sweet, and friendly face

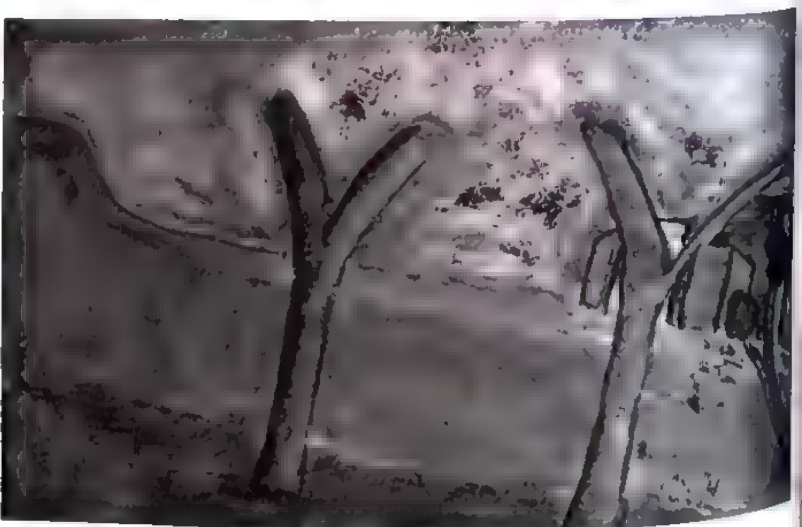


You should take your routine on the road, because you could be a millionaire by making people laugh
 Your face is an open book!
 You are definitely an over-achiever
 You are new to us, but it seems that you have been here always
 You have an adorable laugh
 You are a procrastinator
 You are a new, but cherished friend
 You have been a great challenge to me
 You have tremendous insight
 You have very unique handwriting
 You are my favorite flamenco dancer
 You are doing so much better since you started trying
 You always say the sweetest things
 You love horses
 You make me glad to be an English teacher, because I can read your beautiful words
 You and I survived boarding school together
 You are an optimist
 You are the head of the best house (had to, sorry!)
 You believed me when I said that something good can come from the hardest times

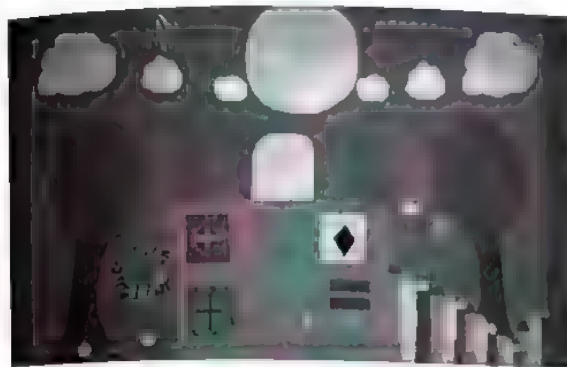
There is a piece of each of you that will always remain with me ..

Goodbye and good luck
 Sandy O'Neill

Sec. V Entertainment



and Vernissage



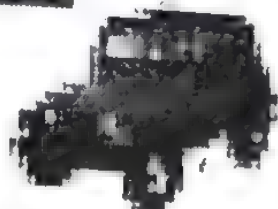
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**Which you may not fully recognise today,
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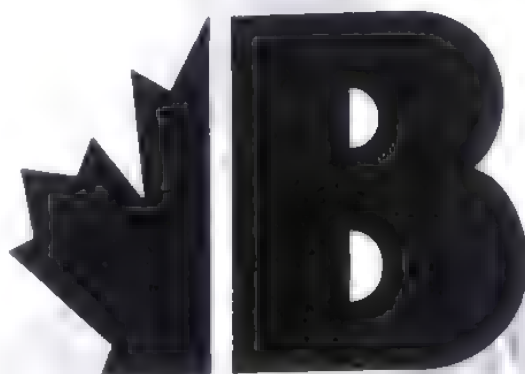
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'99 and all future
grads!*



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Yearbook Staff... and other things

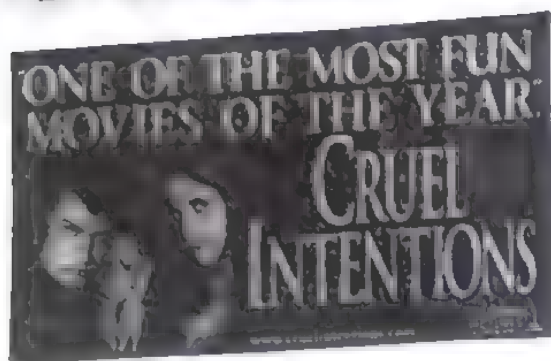
Editor's message

well... it certainly was a stressful year. in fact, we were so busy taking pictures of the rest of you that we never got the chance to take pictures of ourselves. but i do have a few people to thank. first and foremost, my undying gratitude goes to sharma, who probably should have been editor instead of me, and without whom i would never have been able to do even a fraction of what we accomplished this year (though zehra'a was right, you are in dire need of Yearbooks Anonymous). i also want to thank christina, sabrina and of course ms. glickman, who gave me support, good ideas and lots of help. to all my staff, thank you for putting up with my moods and constant nagging, and for putting together a great yearbook. kudos especially to pauline and georgia, my only staff members to ever respect a deadline! finally, thanks to mr. kousik and all my friends for listening to my continuous ranting about all my problems. i wish julia, christina and the staff of the 1999-2000 yearbook luck and a lot of patience. marie



These are the winning pictures of the Trincano Day "Got Milk?" picture contest.

THE REVIEW Car



Habs sink

Nunavut starts

Spice Moms with a holiday

New Inuit homeland officially born



Britney Spears

STAR
WARS
Episode 1

ADAM SANDLER
THE
WATERBOY

THE
PRINCE
OF
EGYPT

KOSOVO

Angélil treated for cancer

Shakespeare In Love

A comedy about the greatest love story almost never told.

UConn beats Duke

Habs trade Recchi to Flyers for Zubrus



Gretzky retires

LIFE IS
BEAUTIFUL




dians big at Grammys ators stopped PQ wins



POST ELWAY
Denver Broncos John Elway calls it a career.

Georges engulfs Florida Keys

Y2K  Clinton, Lewinsky

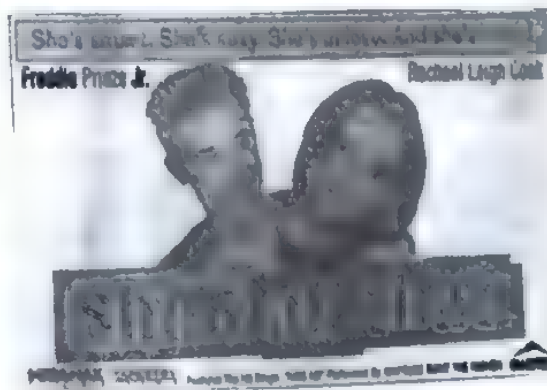
Colorado massacre **Tragedy at Alberta school**



McGwire outdoes himself

WILL SMITH GENE HACKMAN
ENEMY OF THE STATE

Kazan



Pokémon

ROBIN WILLIAMS
PATCH ADAMS
BASED ON A TRUE STORY

Benigni jumps for joy

The (Sec. V) Random Page

